

For allergens including cereals containing gluten see ingredients in **BOLD**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Ingredient Declaration	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks												
Americano	Short	water, espresso roast (as consumed) [whole bean roasted]	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Americano	Tall	water, espresso roast (as consumed) [whole bean roasted]	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	water, espresso roast (as consumed) [whole bean roasted]	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	water, espresso roast (as consumed) [whole bean roasted]	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], espresso roast	310	74	2.6	1.6	7.3	6.9	0.1	5.3	0.16	44.5
Caffe Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], espresso roast	519	124	4.3	2.7	12.3	11.5	0.3	8.9	0.26	89.1
Caffe Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], espresso roast	636	151	5.2	3.4	15	14.2	0.3	10.9	0.32	89.1
Caffe Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roast	858	204	7.1	4.5	20.3	19.1	0.4	14.7	0.43	133.6
Caffe Latte - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	408	97	5.3	3.4	7.2	6.8	0.1	5.2	0.15	44.5
Caffe Latte - whole milk	Tall	whole milk [whole MILK], espresso roast (as consumed) [w	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1
Caffe Latte - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
Caffe Latte - whole milk	Venti	whole milk [whole MILK], espresso roast (as consumed) [w	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.6
Caffe Latte - skimmed milk	Short	skimmed milk [skimmed MILK], espresso roast (as consum	237	56	0.5	0.2	7.5	7.1	0.1	5.3	0.16	44.5
Caffe Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], espresso roast (as consum	398	94	0.9	0.4	12.5	11.7	0.3	8.9	0.27	89.1
Caffe Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], espresso roast (as consum	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
Caffe Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.6
Caffe Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	161	40	1.8	0.2	4	3.6	0.4	0.9	0.11	44.5
Caffe Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1
Caffe Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	447	112	5	0.5	11.3	10	1.2	2.6	0.29	133.6
Caffe Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	265	64	2.8	0.4	4.2	3.6	1	4.9	0.13	44.5
Caffe Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	444	107	4.6	0.7	7.1	6	1.7	8.2	0.21	89.1
Caffe Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	733	176	7.7	1.2	11.6	10	2.8	13.6	0.35	133.6
Caffe Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	367	87	4.5	0.4	10	4.7	1.6	1.3	0.18	44.5
Caffe Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	614	145	7.4	0.7	16.7	7.8	2.6	2.3	0.30	89.1
Caffe Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	753	178	9.2	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1015	241	12.3	1.2	27.5	13	4.3	3.8	0.51	133.6
Caffe Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	213	50	2.1	1.2	5.2	4.6	0.6	2.4	0.13	44.5
Caffe Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	359	85	3.7	0.7	8.7	7.9	1	4	0.21	89.1
Caffe Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	438	103	4.6	2.1	10.6	9.8	1.2	4.8	0.26	89.1
Caffe Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	592	140	6.1	2.8	14.4	13.2	1.6	6.5	0.35	133.6
Latte Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], espresso roas	269	64	2.2	1.4	6.4	6	0.1	4.6	0.14	44.5
Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], espresso roas	476	113	3.9	2.5	11.3	10.5	0.3	8.1	0.24	89.1
Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], espresso roas	617	147	5.1	3.2	14.6	13.7	0.3	10.6	0.31	89.1
Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roas	815	194	6.7	4.3	19.3	18.1	0.4	14	0.41	133.6
Latte Macchiato - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	353	84	2.6	2.9	6.2	5.8	0.1	4.5	0.13	44.5
Latte Macchiato - whole milk	Tall	whole milk [whole MILK], espresso roast (as consumed) [w	624	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1
Latte Macchiato - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1
Latte Macchiato - whole milk	Venti	whole milk [whole MILK], espresso roast (as consumed) [w	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.6
Latte Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], espresso roast (as consum	206	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.5
Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], espresso roast (as consum	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1
Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], espresso roast (as consum	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	624	148	1.3	0.6	19.7	18.5	0.4	14	0.42	133.6
Latte Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	140	35	1.6	0.1	5.1	3.1	0.4	0.8	0.09	44.5
Latte Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1
Latte Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.6
Latte Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	230	55	2.4	0.4	3.6	3.1	0.9	4.3	0.11	44.5
Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	407	98	4.2	0.7	6.5	5.5	1.6	7.5	0.19	89.1
Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	526	126	5.5	0.9	8.3	7.2	2	9.8	0.26	89.1
Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	697	167	7.3	1.2	11	9.4	2.7	12.9	0.34	133.6
Latte Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	318	75	3.9	0.4	10.5	4.1	1.4	1.2	0.16	44.5
Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	562	133	6.1	0.7	15.3	7.2	2.4	2.1	0.28	89.1
Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	729	173	8.9	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	964	228	11.7	1.2	26.2	12.4	4.1	3.6	0.48	133.6
Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	186	44	1.9	0.9	4.5	4.1	0.5	2.1	0.11	44.5
Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	330	78	3.4	1.6	8.1	7.2	0.9	3.7	0.19	89.1
Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	424	100	4.4	2	10.3	9.5	1.1	4.7	0.26	89.1
Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	563	133	5.8	2.7	13.7	12.5	1.5	6.2	0.34	133.6
Freshly Brewed Coffee	Short	pike place brewed coffee [whole bean roasted coffee]	68	16	0.7	0.2	1.4	0.2	1.1	0.7	0.01	13.6
Freshly Brewed Coffee	Tall	pike place brewed coffee [whole bean roasted coffee]	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	pike place brewed coffee [whole bean roasted coffee]	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	256.6
Freshly Brewed Coffee	Venti	pike place brewed coffee [whole bean roasted coffee]	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso Doppio	Doppio	espresso roast (as consumed) [whole bean roasted coffe	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso	Single	espresso roast (as consumed) [whole bean roasted coffe	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Macchiato - semi skimmed milk	Single	espresso roast (as consumed) [whole bean roasted coffe	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - whole milk	Single	espresso roast (as consumed) [whole bean roasted coffe	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - skimmed milk	Single	espresso roast (as consumed) [whole bean roasted coffe	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - almond drink	Single	espresso roast (as consumed) [whole bean roasted coffe	20	5	0.1	0	0.6	0.1	0.00	0.2	0.00	44.5
Espresso Macchiato - soya drink	Single	espresso roast (as consumed) [whole bean roasted coffe	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato - oat drink	Single	espresso roast (as consumed) [whole bean roasted coffe	22	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato - coconut drink	Single	espresso roast (as consumed) [whole bean roasted coffe	27	5	0.1	0.1	0.6	0.2	0.2	0.3	0.01	44.5
Espresso Macchiato - Doppio - semi skimmed milk	Double	espresso roast (as consumed) [whole bean roasted coffe	62	15	0.4	0.2	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - whole milk	Double	espresso roast (as consumed) [whole bean roasted coffe	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - skimmed milk	Double	espresso roast (as consumed) [whole bean roasted coffe	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - almond drink	Double	espresso roast (as consumed) [whole bean roasted coffe	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - Doppio - soya drink	Double	espresso roast (as consumed) [whole bean roasted coffe	57	14	0.4	0.1	1.3	0.4	0.4	0.9	0.02	89.1
Espresso Macchiato - Doppio - oat drink	Double	espresso roast (as consumed) [whole bean roasted coffe	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - Doppio - coconut drink	Double	espresso roast (as consumed) [whole bean roasted coffe	51	12	0.4	0.2	1.4	0.6	0.3	0.6	0.02	89.1
Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto espre	207	49	1.6	1	5.3	4.3	0	3.5	0.10	70.9
Cortado - whole milk	Short	whole milk [whole MILK], ristretto espresso (as consumed)	268	64	3.3	2.1	5.2	4.2	0	3.4	0.10	70.9
Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto espresso (as cons	161	38	0.3	0.2	5.4	4.4	0	3.5	0.10	70.9
Cortado - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	114	28	1.1	0.1	3.3	2.3	0.2	0.8	0.07	70.9
Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9
Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	242	57	2.8	0.3	6.9	3	0.9			

Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	1099	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
Caramel Macchiato - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	1402	333	14.8	9.3	36.6	34.8	0.4	13.7	0.43	133.6
Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	363	86	1.2	0.6	13.5	12.8	0.1	5.3	0.18	44.5
Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], espresso roast (as consum	589	140	1.7	0.9	22.4	21.2	0.3	8.5	0.28	89.1
Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], espresso roast (as consum	751	178	1.9	1.1	27.5	25.9	0.3	10.9	0.35	89.1
Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	956	226	1.2	1.1	37.3	35.6	0.4	14	0.45	133.6
Caramel Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	289	70	2.4	0.6	10.2	9.5	0.4	1	0.13	44.5
Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	469	114	3.7	1.0	17.6	16.8	0.7	1.6	0.19	89.1
Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	597	145	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	757	185	5.6	1	28.4	26.6	1.2	2.6	0.30	133.6
Caramel Macchiato - soy drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	390	93	3.4	0.9	10.3	9.4	1	4.9	0.15	44.5
Caramel Macchiato - soy drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	632	151	5.2	1.2	17.2	15.8	1.6	7.9	0.23	89.1
Caramel Macchiato - soy drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato - soy drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1028	246	8.1	1.7	28.7	26.6	2.7	13	0.26	133.6
Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	490	116	5	0.9	15.9	10.5	1.5	1.4	0.20	44.5
Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	793	188	7.9	1.2	26.3	17.5	2.5	2.3	0.31	89.1
Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1016	240	9.9	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1295	307	12.5	1.7	43.8	29.5	4.1	3.7	0.51	133.6
Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	340	80	2.8	1.4	11.3	10.6	0.6	2.4	0.15	44.5
Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	552	130	4.4	2.2	18.8	17.6	0.9	3.9	0.23	89.1
Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	704	166	5.3	2.6	24.6	23.3	1.1	4.8	0.29	89.1
Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	885	211	6.7	3.2	31.4	29.6	1.5	6.3	0.36	133.6
Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], mocha sauce [611	146	6.7	4.6	15.5	14.5	1.9	4.8	0.11	56.7
Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauce [955	228	9.7	6.6	25	23.2	3	8.6	0.20	107.3
Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce [1177	281	11.2	7.5	32.2	30.1	3.9	10.9	0.26	113.4
Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauce [1499	358	13.6	9	41.7	38.8	4.9	14.7	0.35	164
Mocha - whole milk	Short	whole milk [whole MILK], mocha sauce [water, sugar, co	671	160	8.4	5.7	15.5	14.4	1.9	4.8	0.11	56.7
Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, co	1069	255	13	8.6	24.9	23	3	8.4	0.20	107.3
Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, co	1324	316	15.3	10.1	32	29.9	3.9	10.7	0.25	113.4
Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, co	1703	408	19.3	12.6	41.4	38.5	4.9	14.4	0.24	164
Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], mocha sauce [water, sug	557	135	5.5	3.7	15.6	14.6	1.9	4.8	0.11	56.7
Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, sug	869	208	7.3	4.9	25.2	23.4	3	8.6	0.21	107.3
Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, sug	1067	254	8.1	5.3	32.5	30.3	3.9	10.9	0.26	113.4
Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, sug	1347	321	9.3	6.1	42	39.1	4.9	14.7	0.36	164
Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	520	126	6.3	3.7	13.8	12.5	2.1	2.2	0.08	56.7
Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	780	189	8.8	4.8	21.2	19.4	3.3	3.5	0.14	107.3
Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	953	230	10	5.3	27.3	25.2	4.3	4.3	0.18	113.4
Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1189	288	12	6	34.8	32.5	5.4	5.4	0.24	164
Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	583	140	6.9	3.9	13.6	12.5	2.5	4.6	0.09	56.7
Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	902	216	10	5.2	21.3	19.3	4	8.1	0.17	107.3
Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1109	265	11.5	5.7	27.5	25.1	5.2	10.3	0.21	113.4
Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1405	336	14	6.6	35.1	31.9	6.7	13.9	0.29	164
Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	646	154	7.9	3.9	17.1	13.1	2.8	2.4	0.13	56.7
Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1021	243	12	5.2	28.1	20.6	4.6	4	0.23	107.3
Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1263	301	14	5.7	36.2	26.8	6	5	0.30	113.4
Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	552	132	6.5	4.2	14.2	13.2	2.2	3	0.09	56.7
Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	842	201	9.3	5.9	22.5	20.7	3.5	5.1	0.17	107.3
Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1032	246	10.6	6.6	29	26.9	4.5	6.5	0.21	113.4
Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1298	309	12.9	7.8	37.2	34.3	5.8	8.6	0.29	164
White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], white chocola	758	181	7.6	5.5	22.8	22.4	0.2	5.2	0.24	44.5
White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], white chocola	1113	265	10.5	7.5	34.4	33.6	0.3	8.1	0.36	89.1
White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], white chocola	1448	345	12.7	9.1	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], white chocola	1751	417	14.7	10.6	57.1	55.9	0.5	13.7	0.61	133.6
White Mocha - whole milk	Short	whole milk [whole MILK], white chocolate mocha [Sugar, '	825	197	9.5	6.7	22.7	22.3	0.2	5.1	0.23	44.5
White Mocha - whole milk	Tall	whole milk [whole MILK], white chocolate mocha [Sugar, '	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
White Mocha - whole milk	Grande	whole milk [whole MILK], white chocolate mocha [Sugar, '	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	whole milk [whole MILK], white chocolate mocha [Sugar, '	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.6
White Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], white chocolate mocha [S	708	169	6.2	4.5	22.9	22.5	0.2	5.2	0.24	44.5
White Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], white chocolate mocha [S	1034	246	8.3	6	34.6	33.8	0.3	8.1	0.36	89.1
White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], white chocolate mocha [S	1332	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
White Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], white chocolate mocha [S	1613	384	10.9	7.9	56.1	55.1	0.5	13.7	0.62	133.6
White Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	655	158	7.1	4.5	20.5	20.1	0.4	2.2	0.20	44.5
White Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.6
White Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	727	174	7.7	4.7	20.6	20.1	0.8	4.9	0.22	44.5
White Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1064	254	10.7	6.3	31	30.1	1.2	7.7	0.33	89.1
White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1376	329	13	7.2	41.2	40.1	1.7	10.7	0.45	89.1
White Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1666	398	15.1	8.3	51.1	49.6	2.1	12.9	0.55	133.6
White Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	797	184	7.4	4.7	20.6	20.6	1.1	2.5	0.35	44.5
White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1174	279	12.5	6.3	37.2	31.3	1.8	3.8	0.39	89.1
White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1538	366	15.7	7.2	50.4	41.9	2.6	5	0.54	89.1
White Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1859	442	18.3	8.3	62	51.7	3.2	6.2	0.66	133.6
White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	691	165	7.4	5	21.3	20.9	0.5	3.2	0.22	44.5
White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	1009	240	10.1	6.9	32.1	31.3	0.8	4.9	0.33	89.1
White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1295	308	12.1	8.1	42.8	42	1	6.6	0.45	89.1
White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1569	373	14.1	9.4	53	51.8	1.3	8.1	0.55	133.6

Cold Coffee

Cold Brew	Tall	cold brew diluted (as consumed) [arabica coffee], ice	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	cold brew diluted (as consumed) [arabica coffee], ice	97	22	0.8	0.3	2.2	0.1	1.4	1.1	0.01	258.8
Cold Brew	Venti	cold brew diluted (as consumed) [arabica coffee], ice	123	28	1.1	0.4	2.8	0.2	1.8	0.02	14.8	
Cold Brew Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], cold brew con	373	88	3.1	1.9	8.6	7.7	0.5	6.4	0.18	156.1
Cold Brew Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], cold brew con	520	123	4.3	2.7	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], cold brew con	598	142	5	3.1	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	whole milk [whole MILK], cold brew concentrate [arabica	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	whole milk [whole MILK], cold brew concentrate [arabica	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	whole milk [whole MILK], cold brew concentrate [arabica	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], cold brew concentrate [ar	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], cold brew concentrate [ar	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], cold brew concentrate [ar	510	122	1.5	0.7	14.4	13	0.7	10.3	0.30	204.7
Cold Brew Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	457	103	5.2	0.6	11.5	5.				

Classic Iced Cappuccino - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	262	65	2.8	0.3	6.7	5.5	0.8	1.7	0.16	133.6
Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	256	62	2.6	0.4	4.3	3.3	1.1	4.7	0.12	89.1
Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	382	92	3.9	0.6	6.1	5.1	1.5	7	0.18	89.1
Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	416	100	4.2	0.7	6.9	5.5	1.7	7.6	0.19	133.6
Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	349	61	2.3	0.4	5.5	4.6	1.4	6.7	0.14	89.1
Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	526	125	6.3	0.6	14.3	6.7	2.3	2	0.26	89.1
Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	569	135	6.8	0.7	15.5	7.1	2.5	2.3	0.27	133.6
Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	209	50	2.1	1	5.2	4.4	0.7	2.4	0.12	89.1
Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	310	73	3.2	1.5	7.6	6.8	0.9	3.4	0.18	89.1
Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	340	81	3.4	1.6	8.4	7.2	1	3.8	0.19	133.6
Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, espresso r	383	91	3.1	2	9.1	8.3	0.3	6.5	0.19	89.1
Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, espresso r	552	132	4.5	2.9	13.1	12.3	0.3	9.5	0.28	89.1
Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, espresso r	578	138	4.7	3	13.8	12.6	0.4	9.9	0.29	133.6
Iced Latte Macchiato - whole milk	Tall	whole milk [whole MILK], ice, espresso roast (as consum	500	119	6.4	4.1	8.9	8.1	0.3	6.4	0.18	89.1
Iced Latte Macchiato - whole milk	Grande	whole milk [whole MILK], ice, espresso roast (as consum	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	whole milk [whole MILK], ice, espresso roast (as consum	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.6
Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, espresso roast (as co	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, espresso roast (as co	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, espresso roast (as co	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.6
Iced Latte Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
Iced Latte Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.6
Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	378	79	3.4	0.6	5.3	4.4	1.3	6	0.15	89.1
Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	472	113	4.9	0.8	7.5	6.4	1.8	8.7	0.23	89.1
Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	496	119	5.1	0.8	8.1	6.6	2	9.1	0.23	133.6
Iced Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	451	107	5.4	0.6	12.3	5.7	2	1.8	0.22	89.1
Iced Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	653	155	7.9	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	681	162	8.2	0.8	18.5	8.6	3	2.7	0.33	133.6
Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	267	63	2.7	1.2	16.6	5.8	0.8	3	0.15	89.1
Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	391	90	3.9	1.8	23.5	8.5	1	4.2	0.23	89.1
Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	404	95	4.1	1.9	9.9	8.7	1.2	4.5	0.23	133.6
Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, espresso r	615	146	4.2	2.6	20.4	19.1	0.3	6.6	0.22	89.1
Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, espresso r	845	201	5.6	3.6	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, espresso r	932	221	5.8	3.6	32.2	30.4	0.4	10	0.32	133.6
Iced Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, espresso roast (as consum	732	174	7.5	4.7	20.2	18.9	0.3	6.4	0.22	89.1
Iced Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, espresso roast (as consum	1019	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, espresso roast (as consum	1099	264	10.8	6.8	32	30.2	0.4	9.7	0.31	133.6
Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, espresso roast (as co	527	125	1.7	0.9	20.6	19.3	0.3	6.2	0.23	89.1
Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, espresso roast (as co	716	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, espresso roast (as co	799	189	2.1	1.1	32.5	30.7	0.4	10	0.33	133.6
Iced Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	436	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
Iced Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	581	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
Iced Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	662	160	4.4	1	26.3	24.5	0.9	2	0.23	133.6
Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	561	134	4.4	1.2	16.6	15.2	1.3	6.1	0.19	89.1
Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	850	203	6.2	1.5	24.5	24.4	2	9.2	0.27	133.6
Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	683	162	6.5	1.2	33.6	16.5	2	1.9	0.25	89.1
Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	946	224	9	1.5	32.6	22.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1035	245	9.2	1.5	37	26.5	3	2.8	0.37	133.6
Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	499	118	3.8	1.9	17.8	16.6	0.8	3.1	0.19	89.1
Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	674	159	5	2.5	24.2	22.8	1	4.3	0.26	89.1
Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	757	179	5.1	2.5	28.4	26.5	1.2	4.6	0.27	133.6
Iced Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], mocha sau	1019	244	12.9	8.9	23.6	21.7	3	7	0.15	107.3
Iced Mocha - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], mocha sau	1421	340	17.7	12.2	32.9	30.7	3.9	10.4	0.26	113.4
Iced Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], mocha sau	1504	360	17.8	12.3	37	34.1	4.9	10.4	0.27	164
Iced Mocha - whole milk	Tall	ice, whole milk [whole MILK], mocha sauce [water, suga	929	263	15.1	10.3	23.4	21.6	3	6.9	0.15	107.3
Iced Mocha - whole milk	Grande	whole milk [whole MILK], ice, mocha sauce [water, suga	1550	371	21.3	14.5	32.7	30.5	3.9	10.3	0.24	113.4
Iced Mocha - whole milk	Venti	ice, whole milk [whole MILK], mocha sauce [water, suga	1616	387	21	14.2	36.8	34	4.9	10.2	0.22	164
Iced Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], mocha sauce [water, s	961	230	11.3	7.8	23.7	21.9	3	7	0.16	107.3
Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, mocha sauce [water,	1324	317	15	10.3	33	30.9	3.9	10.5	0.25	113.4
Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], mocha sauce [water, s	1421	340	15.5	10.6	37.2	34.3	4.9	10.4	0.22	164
Iced Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructos	921	217	13.3	7.7	20.9	19.1	3.2	11.1	0.35	107.3
Iced Mocha - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructos	1234	296	16.7	10.6	28.5	26.4	4.2	4.7	0.18	113.4
Iced Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1334	322	17	10.6	33.3	30.4	5.2	5.4	0.16	164
Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), suga	983	236	13.1	8	21	19.1	3.6	6.6	0.13	107.3
Iced Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1361	327	18	10.6	28.7	26.3	5	9.9	0.21	113.4
Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), suga	1453	348	18.1	10.9	33.4	30.3	5.9	9.9	0.19	164
Iced Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1065	255	14.4	8	25.6	20	4.1	3.8	0.17	107.3
Iced Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1496	357	20.2	10.6	36.3	27.8	5.7	5.2	0.28	113.4
Iced Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1570	375	20	10.9	40	31.6	6.5	5.9	0.25	164
Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	943	226	12.6	8.4	21.9	20	3.2	4.7	0.13	107.3
Iced Mocha - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1293	309	17.2	11.4	30	27.9	4.4	6.6	0.21	113.4
Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1394	333	17.4	11.6	34.6	31.7	5.4	7	0.19	164
Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], white cho	1207	288	13.9	10	33.7	32.8	0.3	7	0.33	89.1
Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, white cho	1680	401	19.1	13.7	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], white cho	1833	438	19.6	14.2	50.5	48.3	0.5	10.7	0.52	133.6
Iced White Mocha - whole milk	Tall	ice, whole milk [whole MILK], white chocolate mocha [Sug	1286	307	16.1	11.4	33.5	32.7	0.3	6.9	0.32	89.1
Iced White Mocha - whole milk	Grande	whole milk [whole MILK], ice, white chocolate mocha [Sug	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK], white chocolate mocha [Sug	1951	466	23	16.3	52.4	54	0.5	10.5	0.51	133.6
Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], white chocolate mocha	1149	274	12.3	8.9	33.8	33	0.3	7	0.33	89.1
Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, white chocolate moch	1580	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], white chocolate moch	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.6
Iced White Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
Iced White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1477	355	18	11.7	42.1	41.2	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1653	397	18.7	12.4	50.2	49	0.8	5.4	0.46	133.6
Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), suga	1171	280	14.1	9.1	31.1	30.2	1	6.7	0.30	89.1
Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1618	387	19.6	12.1	42.2	41.4	1.5	4.1	0.44	89.1
Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), suga	1778	425	19.9	12.8	49.4	49	1.5	10.2	0.48	133.6
Iced White Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1253	299	15.4	9.1	35.8	31.1	1.5	3.8	0.35	89.1
Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1757	419	21.7	12.1	50.1	42.7	2.3	5.3	0.52	89.1
Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1902	453	21.9	12.8	57.4	50.3	2.2	5.9	0.55	133.6
Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1130	270	13.6	9.5	31.9	31.1	0.7	4.6	0.30	89.1
Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1549	369	18.6	12.9	43.6	42.8	0.9	6.6	0.44	89.1
Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1717	409	19.2	13.5	51.6	50.4	1	7.1	0.48	133.6
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	T											

Classic Hot Chocolate - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	731	174	8,9	4	19,7	15	3,1	2,6	0,16	13,4
Classic Hot Chocolate - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1109	264	13	5,3	30,8	23	4,9	4	0,27	20
Classic Hot Chocolate - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1405	334	15,7	5,9	40,4	29,9	6,5	5,2	0,37	26,1
Classic Hot Chocolate - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1743	414	19,2	6,8	50,8	37,2	8,2	6,5	0,47	32,2
Classic Hot Chocolate - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	605	144	7	4,5	15,8	15,1	2,4	3,4	0,12	13,4
Classic Hot Chocolate - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	894	213	9,9	6,1	24,2	23,1	3,6	5,4	0,20	20
Classic Hot Chocolate - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1115	265	11,5	7	31,4	30	4,7	7,1	0,26	26,1
Classic Hot Chocolate - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1366	324	13,6	8,2	39,1	37,3	5,8	9	0,34	32,2
Signature Hot Chocolate - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], premium coco	784	187	8,5	5,7	18,8	18	2,4	7,5	0,19	14
Signature Hot Chocolate - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], premium coco	1195	285	12,2	8,2	29,6	28,3	3,7	12,1	0,30	21,8
Signature Hot Chocolate - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], premium coco	1470	350	14,2	9,5	37,6	35,9	4,8	15,2	0,38	28,6
Signature Hot Chocolate - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], premium coco	1808	431	17,7	11,3	46,7	44,5	5,8	19,4	0,49	34,6
Signature Hot Chocolate - whole milk	Short	whole milk [whole MILK], premium cocoa mix [sugar, fat-	891	213	11,5	7,6	18,7	17,8	2,4	7,3	0,18	14
Signature Hot Chocolate - whole milk	Tall	whole milk [whole MILK], premium cocoa mix [sugar, fat-	1372	327	17,2	11,3	29,3	28	3,7	11,9	0,30	21,8
Signature Hot Chocolate - whole milk	Grande	whole milk [whole MILK], premium cocoa mix [sugar, fat-	1691	403	20,5	13,4	37,3	35,5	4,8	14,9	0,37	28,6
Signature Hot Chocolate - whole milk	Venti	whole milk [whole MILK], premium cocoa mix [sugar, fat-	2095	499	25,2	16,4	46,2	44,1	5,8	19	0,48	34,6
Signature Hot Chocolate - skimmed milk	Short	skimmed milk [skimmed MILK], premium cocoa mix [suga	704	168	6,3	4,2	19	18,1	2,4	7,5	0,19	14
Signature Hot Chocolate - skimmed milk	Tall	skimmed milk [skimmed MILK], premium cocoa mix [suga	1063	253	8,5	5,6	29,9	28,5	3,7	12,1	0,31	21,8
Signature Hot Chocolate - skimmed milk	Grande	skimmed milk [skimmed MILK], premium cocoa mix [suga	1305	311	9,6	6,3	38	36,2	4,8	15,2	0,38	28,6
Signature Hot Chocolate - skimmed milk	Venti	skimmed milk [skimmed MILK], premium cocoa mix [suga	1594	379	11	7,1	47,1	45	5,8	19,4	0,50	34,6
Signature Hot Chocolate - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	925	224	10,8	5,5	22,7	22,3	4,2	4,2	0,21	21,8
Signature Hot Chocolate - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1134	275	12,5	6,2	30,3	28,5	5,5	5,3	0,26	26,6
Signature Hot Chocolate - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1371	332	14,8	7	37,1	34,9	6,7	6,5	0,34	34,6
Signature Hot Chocolate - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	735	176	8,7	4,4	15,4	14,4	3,3	7,1	0,15	14
Signature Hot Chocolate - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1113	266	12,6	6	23,9	22,3	5,2	11,4	0,25	21,8
Signature Hot Chocolate - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1368	327	14,7	6,8	30,5	28,4	6,8	14,3	0,31	28,6
Signature Hot Chocolate - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1675	401	17,7	7,8	37,4	34,8	8,4	18,2	0,40	34,6
Signature Hot Chocolate - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	846	201	10,6	4,4	21,7	15,6	3,9	3,2	0,21	14
Signature Hot Chocolate - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1208	269	15,7	6	24,4	23,6	4,2	6,5	0,25	21,8
Signature Hot Chocolate - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1598	380	18,5	6,8	43,6	39,9	8	6,3	0,43	28,6
Signature Hot Chocolate - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1975	469	22,6	7,8	54,4	38,1	10	7,8	0,56	34,6
Signature Hot Chocolate - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	679	162	8,1	5,1	16,5	15,6	2,8	4,3	0,15	14
Signature Hot Chocolate - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	1020	243	11,6	7,1	25,7	24,4	4,4	6,8	0,25	21,8
Signature Hot Chocolate - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1253	298	13,5	8,1	32,8	31	5,8	8,5	0,31	28,6
Signature Hot Chocolate - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1525	362	16,1	9,5	40,4	38,3	7,1	10,7	0,40	34,6
Iced Chocolate - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, mocha sa	1125	269	13,8	9,5	26,4	25,3	2,9	8,5	0,21	19,8
Iced Chocolate - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, mocha sa	1522	358	19,2	12,6	35,8	34,8	3,9	13,0	0,39	28,6
Iced Chocolate - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, mocha sa	1666	398	19,2	13,2	41,2	39,4	4,8	12,9	0,31	32,5
Iced Chocolate - whole milk	Tall	whole milk [whole MILK], ice, mocha sauce [water, suga	1237	296	16,9	11,5	26,2	25,1	2,9	8,4	0,20	19,8
Iced Chocolate - whole milk	Grande	whole milk [whole MILK], ice, mocha sauce [water, suga	1683	402	23,1	15,6	35,3	33,9	3,8	11,7	0,29	26
Iced Chocolate - whole milk	Venti	whole milk [whole MILK], ice, mocha sauce [water, suga	1833	438	23,9	16,2	40,9	39,1	4,8	12,6	0,30	32,5
Iced Chocolate - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, mocha sauce [water,	1042	249	11,4	7,9	26,5	25,4	2,9	8,5	0,21	19,8
Iced Chocolate - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, mocha sauce [water,	1401	335	15,1	10,4	35,8	34,4	3,8	11,9	0,30	26
Iced Chocolate - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, mocha sauce [water,	1542	368	15,7	10,8	41,4	39,6	4,8	12,9	0,31	32,5
Iced Chocolate - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	955	221	12,9	7,8	21,5	21,5	3,3	3,5	0,15	19,8
Iced Chocolate - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1276	308	17,2	10,4	30,2	28,7	4,3	4,7	0,21	26
Iced Chocolate - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1413	341	17,9	10,7	35,6	33,8	5,3	5,4	0,22	32,5
Iced Chocolate - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1073	257	14	8,2	22,7	21,5	3,9	8,1	0,17	19,8
Iced Chocolate - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1447	347	18,9	10,8	30,4	28,7	5,3	11,2	0,25	26
Iced Chocolate - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1589	381	19,6	11,2	35,8	33,7	6,3	12,2	0,26	32,5
Iced Chocolate - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1191	284	16	8,2	29,4	22,8	4,6	4	0,24	19,8
Iced Chocolate - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1616	385	21,6	10,8	39,9	30,5	6,2	5,4	0,34	26
Iced Chocolate - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1763	421	22,5	11,2	45,6	35,6	7,2	6,1	0,35	32,5
Iced Chocolate - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	1015	242	12,4	6,8	23,9	22,8	3,4	5,1	0,17	19,8
Iced Chocolate - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1363	325	17,9	11,8	32	30,6	4,5	7	0,25	26
Iced Chocolate - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1502	358	18,6	12,2	37,5	35,7	5,5	7,8	0,26	32,5

Frappuccino®

Coffee Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	890	212	10,6	7,5	25,2	24,4	0,1	3,7	0,41	33
Coffee Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1187	283	14	9,9	34,1	33	0,2	4,9	0,55	31,4
Coffee Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1309	312	14,1	9,9	40,9	39,5	0,2	5	0,66	39,5
Coffee Frappuccino® - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [W	942	225	12,1	8,4	21	20,2	0,1	3,6	0,41	23
Coffee Frappuccino® - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1255	299	15,9	11,1	34	32,9	0,2	4,8	0,55	31,4
Coffee Frappuccino® - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1377	328	16	11,1	40,8	39,4	0,2	4,9	0,66	39,5
Coffee Frappuccino® - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	851	203	9,5	6,7	25,3	24,5	0,1	3,7	0,41	23
Coffee Frappuccino® - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1137	271	12,6	7,8	31,6	30,3	0,2	5,2	0,27	39,5
Coffee Frappuccino® - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1258	300	12,6	8,9	41	39,6	0,2	5	0,66	39,5
Coffee Frappuccino® - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose,	811	195	10,2	6,7	23,5	22,7	0,3	1,4	0,38	23
Coffee Frappuccino® - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1084	260	13,5	8,8	31,8	30,7	0,4	1,8	0,52	31,4
Coffee Frappuccino® - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1205	289	13,5	8,9	38,6	37,2	0,4	2	0,62	39,5
Coffee Frappuccino® - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	866	207	10,7	6,9	23,6	22,7	0,6	3,5	0,39	23
Coffee Frappuccino® - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1156	276	14,2	9	31,9	30,7	0,8	4,6	0,53	31,4
Coffee Frappuccino® - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1278	305	14,2	9,1	38,7	37,2	0,8	4,8	0,64	39,5
Coffee Frappuccino® - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	921	211	11,6	6,9	23,6	23	0,9	3,1	0,42	16
Coffee Frappuccino® - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1226	292	15,3	9	35,9	31,5	1,1	2,1	0,57	31,4
Coffee Frappuccino® - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1349	321	15,4	9	42,7	38	1,2	2,3	0,68	39,5
Coffee Frappuccino® - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	839	200	10,4	7,2	24,1	23,3	0,4	2,1	0,39	23
Coffee Frappuccino® - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1128	267	13,8	9,4	32,6	31,5	0,5	2,8	0,53	31,4
Coffee Frappuccino® - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1242	296	13,8	9,5	39,4	38	0,5	3	0,64	39,5
Caramel Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1135	271	12,3	8,5	35,7	34,4	0,1	3,9	0,46	23,1
Caramel Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1456	347	15,8	11	45,8	44,1	0,2	5	0,60	30,8
Caramel Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1617	389	16,1	11,1	55,2	53,2	0,2	5,2	0,72	39,5
Caramel Frappuccino® - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1187	283	13,8	9,5	25,7	24,3	0,1	3,8	0,46	23,1
Caramel Frappuccino® - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1522	363	17,7	12,2	45,7	44	0,2	4,9	0,60	30,8
Caramel Frappuccino® - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1701	405	18	15,3	55,1	53,1	0,2	5,1	0,72	39,5
Caramel Frappuccino® - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1096	261	11,2	7,8	35,8	34,5	0,1	3,9	0,46	23,1
Caramel Frappuccino® - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1406	335	14,4	10	45,9	44,2	0,2	5	0,60	30,8
Caramel Frappuccino® - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1582	376	14,6	10,1	53,2	53,3	0,2	5,2	0,72	39,5
Caramel Frappuccino® - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1056	253	11,9	7,8	34	32,7	0,3	1,5	0,44	23,1
Caramel Frappuccino® - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1355	324	15,3	10	43,6	41,9	0,4	2	0,56	30,8
Caramel Frappuccino® - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1539	365	15,5	10,1	50,9	50,9	0,4	2,2	0,69	39,5
Caramel Frappuccino® - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1111	265	12,4	7,9	34	32,6	0,6	3,7	0,45	23,1
Caramel Frappuccino® - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1425	340	16	10,2	43,6	41,9	0,8	4,7	0,58	30,8
Caramel Frappuccino® - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1601	382	16,2	10,3	53	50,9	0,8	4,9	0,70	39,5
Caramel Frappuccino® - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1166	278	13,3	7,9	37,1	33,2	0,9	1,8	0,48	23,1
Caramel Frappuccino® - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1494</									

Java Chip Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1921	458	20.8	13.2	61.3	53.5	4	4.3	0.78	53
Java Chip Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1106	264	13.2	9.3	32.2	29.9	1.9	3.1	0.41	28.4
Java Chip Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1518	362	17.7	12.6	45	41.8	2.6	4.3	0.58	39.9
Java Chip Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1812	432	19.2	13.7	57.9	53.6	3.3	5	0.74	53
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	989	236	12.6	8.1	27.5	26.1	1.1	1.4	0.41	7.7
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1348	322	15.4	10.8	38.3	37.1	1.5	6.8	0.57	10.3
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1504	359	15.8	11.1	45.8	44.3	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1057	253	13.5	9.3	27.4	26.5	1.1	4.9	0.40	7.7
Chocolate Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1443	345	18.1	12.5	38.2	36.9	1.5	6.7	0.57	10.3
Chocolate Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1606	383	18.7	12.9	45.7	44.2	1.9	7.3	0.68	12.9
Chocolate Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1388	224	10.2	7.1	27.6	26.8	1.1	5	0.41	7.7
Chocolate Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1278	305	13.5	9.5	38.4	37.2	1.5	6.8	0.58	10.3
Chocolate Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1429	341	13.7	9.6	46	44.5	1.9	7.4	0.68	12.9
Chocolate Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	885	213	11.1	7.1	25.2	24.4	1.3	1.9	0.37	7.7
Chocolate Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1205	290	14.7	9.4	35.1	33.9	1.8	2.6	0.52	10.3
Chocolate Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1350	324	15	9.6	42.5	40.9	2.2	2.9	0.63	12.9
Chocolate Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1958	229	11.7	7.3	25.3	24.4	1.7	4.7	0.39	7.7
Chocolate Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1305	312	15.6	9.7	35.3	33.9	2.4	6.4	0.54	10.3
Chocolate Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1458	349	16	9.8	42.6	40.9	2.8	7	0.65	12.9
Chocolate Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1029	246	12.9	7.3	29.4	25.1	2.1	2.2	0.42	7.7
Chocolate Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1403	335	17.3	9.7	40.8	35	2.9	3	0.60	10.3
Chocolate Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1563	373	17.8	9.8	48.6	42.1	3.4	3.3	0.71	12.9
Chocolate Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	922	220	11.4	7.7	26	25.2	1.4	2.9	0.39	7.7
Chocolate Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1256	300	15.1	10.2	36.2	35	1.9	4	0.54	10.3
Chocolate Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1405	335	15.5	10.4	43.6	42.1	2.3	4.4	0.65	12.9
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	885	212	10.9	7.7	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1214	290	14.5	10.2	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1380	329	14.8	10.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup [We	952	227	12.8	8.9	24.3	23.8	0	4	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1306	312	17.1	9.9	34.3	33.5	0	5.5	0.55	0
Vanilla Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1484	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1145	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1303	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	784	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1074	258	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1222	294	14.4	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	885	212	11.1	6.9	22.9	21.6	0.6	0.37	0.37	0
Vanilla Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1172	280	14.7	9.1	31.4	30.6	0.8	5.3	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1332	319	15	9.2	39.6	38.5	0.9	5.8	0.66	0
Vanilla Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	924	221	12.2	6.9	26.2	22.4	1	1.4	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1268	302	16.3	9.1	36.9	31.6	1.3	1.9	0.58	0
Vanilla Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1441	343	16.8	9.2	45.8	39.7	1.5	2	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	820	196	10.6	7.3	23	22.4	0.3	2.1	0.37	0
Vanilla Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1123	268	14.2	9.7	32.4	31.7	0.4	2.9	0.53	0
Vanilla Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1278	305	14.4	9.8	40.7	39.7	0.5	3.1	0.66	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1067	255	12.6	8.7	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1413	337	16.3	11.4	41.8	40.6	0	5.8	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1600	382	16.8	11.7	51.1	49.6	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1133	271	14.4	9.9	31	30	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1505	359	18.9	13	41.6	40.4	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1603	406	19.7	13.5	50.9	49.5	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1017	243	11.2	7.8	31.2	30.2	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1344	321	14.4	10	41.9	40.7	0	5.8	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1522	363	14.6	10.2	51.3	49.9	0	6.4	0.75	0
Caramel Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	965	232	12	7.7	28.9	27.9	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1272	306	15.6	10	38.7	37.5	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1441	346	16	10.1	47.6	46.1	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1036	248	12.7	7.9	29	27.9	0.6	4	0.43	0
Caramel Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1370	328	16.5	10.3	38.8	37.4	0.8	5.4	0.59	0
Caramel Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1552	371	17	10.4	47.7	46.1	0.9	6	0.73	0
Caramel Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1105	264	13.8	9.6	32.9	28.6	1	1.6	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1466	350	18.1	10.3	44.2	38.3	1.3	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1600	396	18.8	10.4	53.9	47.3	1.5	2.2	0.78	0
Caramel Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1001	239	12.3	8.3	29.7	28.7	0.3	2.2	0.43	0
Caramel Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1322	315	16	10.8	39.8	38.5	0.4	3	0.59	0
Caramel Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1497	357	16.4	11	48.8	47.4	0.5	3.3	0.73	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	959	229	10.9	7.7	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1300	310	14.4	10.2	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1473	343	14.6	10.3	46.3	44.5	0.4	5.9	0.60	0
Strawberries & Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1025	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup [We	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syr	1364	325	12.6	8.9	46.5	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1292	312	13.9	8.9	43.2	41.4	0.6	1.6	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	929	222	11	6.9	26.2	25	0.8	3.9	0.37	0
Strawberries & Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1259	301	14.6	9.1	36.3	34.6	1.1	5.2	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1391	332	14.8	9.1	43.3	41.3	1.2	5.5	0.61	0
Strawberries & Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	997	238	12.2	6.9	30.1	25.8	1.2	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1352	322	16.2	9.1	41.5	35.6	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1489	354	16.4	9.1	48.8	42.4	1.7	2.1	0.66	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	894	213	10.7	7.3	26.9	25.8	0.5	2.2	0.37	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1213	289	14.1	9.6	37.2	35.7	0.7	2.9	0.52	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1342	319	14.3	9.7	44.3	42.4	0.8	3.1	0.61	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1142	273	13.9	9.6	31.6	27	0.2	5.3</		

Matcha Cream Frappuccino* - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], creme frappuccino syrup	1304	311	12.7	8.9	41.6	40.7	1.4	6.9	0.67	92.7
Matcha Cream Frappuccino* - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose]	821	198	10.5	6.7	23.1	22.6	1	1.7	0.37	53.7
Matcha Cream Frappuccino* - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose]	1106	266	13.9	8.9	31.7	30.9	1.4	2.2	0.51	74.2
Matcha Cream Frappuccino* - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose]	1227	295	14	8.9	38.1	37.2	1.7	2.5	0.61	92.7
Matcha Cream Frappuccino* - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	894	214	11.2	6.9	21.6	21.6	1.4	4.5	0.39	53.7
Matcha Cream Frappuccino* - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	1204	288	14.8	9.1	31.8	30.9	1.9	6	0.53	74.2
Matcha Cream Frappuccino* - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	1333	319	15	9.2	38.2	37.2	2.3	6.5	0.64	92.7
Matcha Cream Frappuccino* - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n]	967	231	12.4	6.6	27.3	23.3	1.8	2	0.43	53.7
Matcha Cream Frappuccino* - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n]	1301	310	16.4	9.1	37.3	32	2.4	2.6	0.58	74.2
Matcha Cream Frappuccino* - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n]	1437	342	16.8	9.2	41.1	38.3	2.8	2.9	0.69	92.7
Matcha Cream Frappuccino* - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	858	205	10.8	7.3	23.9	23.4	1.1	2.7	0.39	53.7
Matcha Cream Frappuccino* - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1156	276	14.3	9.7	32.8	32	1.5	3.6	0.53	74.2
Matcha Cream Frappuccino* - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1281	305	14.5	9.8	39.3	38.4	1.8	3.9	0.64	92.7

Refreshment

Peach Iced Tea	Tall	ice, green tea concentrate [water, iced green tea blend [gre	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	ice, green tea concentrate [water, iced green tea blend [gre	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
Peach Iced Tea	Venti	ice, green tea concentrate [water, iced green tea blend [gre	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1
Cool Lime Starbucks Refresha™	Tall	ice, cool lime refresher base [Water, sugar, white grape ju]	223	53	0.1	0	12.3	11.9	0.4	0.2	0.01	7.4
Cool Lime Starbucks Refresha™	Grande	ice, cool lime refresher base [Water, sugar, white grape ju]	290	69	0.1	0	16.1	15.6	0.4	0.2	0.02	9.8
Cool Lime Starbucks Refresha™	Venti	ice, cool lime refresher base [Water, sugar, white grape ju]	361	86	0.1	0	20.1	19.6	0.4	0.2	0.02	12.4
Strawberry Acai Starbucks Refresha*	Tall	ice, strawberry & acai flavour beverage base [Water, sugar, a	266	63	0.1	0	14.3	14.1	0.7	0.3	0.01	3.7
Strawberry Acai Starbucks Refresha*	Grande	ice, strawberry & acai flavour beverage base [Water, sugar, a	337	80	0.1	0	18.4	18.1	0.7	0.4	0.01	4.9
Strawberry Acai Starbucks Refresha*	Venti	ice, strawberry & acai flavour beverage base [Water, sugar, a	413	98	0.1	0	22.7	22.4	0.7	0.4	0.01	6.2
Very Berry Hibiscus Refresha	Tall	ice, berry hibiscus beverage base [Water, sugar, white gra]	320	76	0.1	0	16	15.8	2.3	0.7	0.04	37.2
Very Berry Hibiscus Refresha	Grande	ice, berry hibiscus beverage base [Water, sugar, white gra]	388	94	0.1	0	20.5	20.2	2.3	0.7	0.05	49.2
Very Berry Hibiscus Refresha	Venti	ice, berry hibiscus beverage base [Water, sugar, white gra]	481	114	0.1	0	25.3	24.9	2.3	0.8	0.07	6.2
Very Berry Hibiscus Coconut Refresha	Tall	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	499	119	2.6	2.3	19.4	19.2	3.8	1.6	0.09	37.2
Very Berry Hibiscus Coconut Refresha	Grande	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	635	152	3.4	3	25.1	24.8	4.3	2	0.11	49.2
Very Berry Hibiscus Coconut Refresha	Venti	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	767	183	4.1	3.7	30.8	30.5	4.7	2.3	0.14	6.2
Orange & Mango Refresha	Tall	ice, orange & mango flavour beverage base [Water, sugar, j]	229	54	0	0	12.8	12.6	0.3	0	0.00	3.7
Orange & Mango Refresha	Grande	ice, orange & mango flavour beverage base [Water, sugar, j]	298	71	0	0	16.8	16.6	0.3	0	0.00	4.9
Orange & Mango Refresha	Venti	ice, orange & mango flavour beverage base [Water, sugar, j]	372	88	0	0	21.1	20.8	0.3	0	0.00	6.2
Orange & Mango Coconut Refresha	Tall	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	407	97	2.5	2.3	16.3	16.1	1.7	0.1	0.05	3.7
Orange & Mango Coconut Refresha	Grande	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	535	128	3.3	3	21.4	21.1	2.3	1.4	0.06	4.9
Orange & Mango Coconut Refresha	Venti	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	659	158	4	3.6	26.6	26.3	2.6	1.6	0.08	6.2
Mango Dragonfruit Starbucks Refresha*	Tall	ice, mango & dragon fruit flavour base [Water, sugar, grap]	313	74	0.3	0.1	16.4	16.3	0.7	0.5	0.00	3.7
Mango Dragonfruit Starbucks Refresha*	Grande	ice, mango & dragon fruit flavour base [Water, sugar, grap]	381	90	0.3	0.1	20.3	20.2	0.7	0.5	0.01	4.9
Mango Dragonfruit Starbucks Refresha*	Venti	ice, mango & dragon fruit flavour base [Water, sugar, grap]	455	107	0.3	0.1	24.5	24.4	0.7	0.5	0.01	6.2
Dragon Coconut Starbucks Refresha*	Tall	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	491	117	2.8	2.4	19.8	19.7	2.2	1.5	0.05	3.7
Dragon Coconut Starbucks Refresha*	Grande	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	618	148	3.6	3.1	24.9	24.8	2.7	1.8	0.07	4.9
Dragon Coconut Starbucks Refresha*	Venti	ice, coconut drink [Water, coconut milk (10%), sugar, mai]	741	177	4.3	3.7	30.1	29.9	3.1	2.1	0.08	6.2

Hot Teas

English Breakfast Tea	Short	water, English breakfast tea [black tea]	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Tall	water, English breakfast tea [black tea]	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Grande	water, English breakfast tea [black tea]	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Venti	water, English breakfast tea [black tea]	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	82.0
Emperor's Clouds & Mist Tea	Short	water, emperor cloud mist [green tea]	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Tall	water, emperor cloud mist [green tea]	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	water, emperor cloud mist [green tea]	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	water, emperor cloud mist [green tea]	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Earl Grey Tea	Short	water, earl grey [black tea, natural bergamot flavouring,	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Tall	water, earl grey [black tea, natural bergamot flavouring,	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	water, earl grey [black tea, natural bergamot flavouring,	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	water, earl grey [black tea, natural bergamot flavouring,	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Short	water, mint blend [nana mint (70%), peppermint leaves (18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Tall	water, mint blend [nana mint (70%), peppermint leaves (18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	water, mint blend [nana mint (70%), peppermint leaves (18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	water, mint blend [nana mint (70%), peppermint leaves (37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Spiced Apple Tea	Short	water, spiced apple infusion [apple pieces (51%) (apple, a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Tall	water, spiced apple infusion [apple pieces (51%) (apple, a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Grande	water, spiced apple infusion [apple pieces (51%) (apple, a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Venti	water, spiced apple infusion [apple pieces (51%) (apple, a	76	18	0.6	0.4	3	2.7	0	0.2	0.01	0

Tea Latte

Matcha Green Tea Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], unsweetened	344	82	2.9	1.8	7.8	7.8	0.4	6	0.18	27.9
Matcha Green Tea Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], unsweetened	564	124	4.7	3	12.7	12.7	0.8	0.29	10.9	57.2
Matcha Green Tea Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], unsweetened	679	161	5.6	3.6	15.2	15.2	1.2	1.2	0.34	83
Matcha Green Tea Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], unsweetened	912	217	7.5	4.8	20.4	20.4	1.7	16.2	0.46	111.5
Matcha Green Tea Latte - whole milk	Short	whole milk [whole MILK], unsweetened matcha powder (P	454	108	6	3.8	7.6	7.6	0.4	5.9	0.17	27.9
Matcha Green Tea Latte - whole milk	Tall	whole milk [whole MILK], unsweetened matcha powder (P	744	177	9.8	6.2	12.4	12.4	0.8	9.7	0.28	57.2
Matcha Green Tea Latte - whole milk	Grande	whole milk [whole MILK], unsweetened matcha powder (P	894	213	11.7	7.4	14.9	14.9	1.2	11.7	0.34	83
Matcha Green Tea Latte - whole milk	Venti	whole milk [whole MILK], unsweetened matcha powder (P	1201	286	15.7	9.9	20	20	1.7	15.7	0.45	111.5
Matcha Green Tea Latte - skimmed milk	Short	skimmed milk [skimmed MILK], unsweetened matcha pow	261	62	0.5	0.2	8	8	0.4	6	0.18	27.9
Matcha Green Tea Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], unsweetened matcha pow	429	102	0.8	0.4	11	11	0.8	9.2	0.20	57.2
Matcha Green Tea Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], unsweetened matcha pow	518	123	1.1	0.4	15.5	15.5	1.2	12	0.35	83
Matcha Green Tea Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], unsweetened matcha pow	696	165	1.5	0.6	20.9	20.9	1.7	16.2	0.47	111.5
Matcha Green Tea Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	175	44	2	0.2	4.1	4.1	0.7	1.1	0.12	27.9
Matcha Green Tea Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2
Matcha Green Tea Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83
Matcha Green Tea Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.5
Matcha Green Tea Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	293	70	3.1	0.5	4.2	4.1	1.4	5.6	0.14	27.9
Matcha Green Tea Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.20	57.2
Matcha Green Tea Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83
Matcha Green Tea Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci]	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.5
Matcha Green Tea Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	97	5	0.5	0.5	10.8	5.3	2	1.6	0.21	27.9
Matcha Green Tea Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	669	158	8.2	0.8	17.5	8.7	3.5	2.6	0.34	57.2
Matcha Green Tea Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	804	190	9.8	1	21	10.4	4.3	3.3	0.40	83
Matcha Green Tea Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1080	256	13.2	1.3	28.2	14	5.8	4.4	0.54	111.5
Matcha Green Tea Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	235	55	2.5	1.1	5.4	5.4	0.9	2.7	0.14	27.9
Matcha Green Tea Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	386	91	4	1.9	8.8	8.6	1.6	4.5	0.20	57.2
Matcha Green Tea Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	467	110	4.9	2.2						

Chai Tea Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	451	106	2.2	1	19.3	19.2	0.6	2.2	0.14	39.3
Chai Tea Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	626	147	3.2	1.4	26.3	26.2	0.9	3.2	0.20	52.4
Chai Tea Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	784	184	4	1.8	33	32.8	1.1	4	0.25	65.5
Iced Chai Tea Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, classic cha	559	132	2.6	1.7	21.7	21.7	0.2	5.3	0.17	39.3
Iced Chai Tea Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, classic cha	760	180	3.6	2.3	29.3	29.2	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], classic cha	882	209	4	2.5	33.5	33.4	0.3	8	0.26	65.5
Iced Chai Tea Latte - whole milk	Tall	whole milk [whole MILK], ice, classic chai [Brewed tea w/	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3
Iced Chai Tea Latte - whole milk	Grande	whole milk [whole MILK], ice, classic chai [Brewed tea w/	899	213	7.6	4.8	29.1	29	0.3	7.2	0.23	52.4
Iced Chai Tea Latte - whole milk	Venti	ice, whole milk [whole MILK], classic chai [Brewed tea w/itl	1034	245	8.3	5.2	34.8	34.7	0.3	7.8	0.26	65.5
Iced Chai Tea Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, classic chai [Brewed t	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3
Iced Chai Tea Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, classic chai [Brewed t	666	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4
Iced Chai Tea Latte - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], classic chai [Brewed t	759	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5
Iced Chai Tea Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	486	98	1.8	0.2	18.4	18.3	0.5	0.18	0.12	39.3
Iced Chai Tea Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	548	132	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4
Iced Chai Tea Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	652	157	2.8	0.2	30	29.9	0.8	1.2	0.18	65.5
Iced Chai Tea Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	512	122	2.9	0.4	18.5	18.3	1.1	4.9	0.14	39.3
Iced Chai Tea Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4
Iced Chai Tea Latte - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5
Iced Chai Tea Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	618	146	4.6	0.4	24.4	24.4	1.7	1.2	0.20	39.3
Iced Chai Tea Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	841	198	6.3	0.6	33	32.6	2.3	1.7	0.28	52.4
Iced Chai Tea Latte - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	971	229	6.9	0.7	39.1	31.6	2.5	1.9	0.30	65.5
Iced Chai Tea Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	460	108	2.3	1	40	39.5	0.6	2.3	0.14	39.3
Iced Chai Tea Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	623	146	3.1	1.4	26.3	26.2	0.9	3.1	0.20	52.4
Iced Chai Tea Latte - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, coc	733	172	3.4	1.6	31.7	31.6	1	3.4	0.22	65.5

Summer FY26 Promo Beverages

Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto espre	505	120	3	1.9	16.7	14.6	1.8	5.7	0.13	118.7	
Ristretto Mocha - whole milk	Short	whole milk [whole MILK], ristretto espresso (as consumed)	580	138	5.2	3.3	16.5	14.4	1.8	5.6	0.13	118.7	
Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto espresso (as cons	448	106	1.5	0.9	16.8	14.7	1.8	5.7	0.13	118.7	
Ristretto Mocha - almond drink	Short	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	390	94	2.4	0.8	14.1	12	2	2.3	0.09	118.7	
Ristretto Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	470	112	3.2	1	14.2	12	2.5	5.4	0.11	118.7	
Ristretto Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	549	130	4.5	1	18.7	12.9	2.9	2.6	0.15	118.7	
Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	430	102	2.8	1.5	15	12.9	2.1	3.4	0.11	118.7	
Brown Sugar Long Black	Short	water, ristretto espresso (as consumed) [whole bean roa	143	34	0	0	7.9	6.4	0	0.5	0.00	106.4	
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	455	108	3	2.1	15.1	14.3	0.3	5	0.23	85.5	
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	608	145	3.9	2.7	21	19.7	0.4	6.2	0.30	128.2	
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	768	183	4.8	3.4	26.9	25.3	0.6	7.6	0.38	17.1	
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], blonde roa (as consumed) [532	127	5.2	3.4	15	14.2	0.3	4.9	0.23	85.5	
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], blonde roa (as consumed) [700	166	6.5	4.3	20.8	19.6	0.4	6.1	0.30	128.2	
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], blonde roa (as consumed) [875	208	7.9	5.3	26.8	25.1	0.6	7.4	0.38	17.1	
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], blonde roa (as consum	397	94	1.4	1	15.2	14.4	0.3	5	0.23	85.5	
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], blonde roa (as consum	540	128	2.6	1.4	21.1	19.9	0.4	6.2	0.31	128.2	
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], blonde roa (as consu	688	163	2.6	1.8	27.1	25.5	0.6	7.6	0.39	17.1	
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	337	82	2.4	0.9	12.5	11.7	0.5	1.5	0.19	85.5	
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	470	113	3.2	1.3	17.9	16.7	0.7	2.1	0.26	128.2	
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	605	146	4	1.8	23.3	21.7	0.9	2.8	0.33	17.1	
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	419	100	3.2	1.1	12.6	11.7	1	4.7	0.21	85.5	
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	566	135	4.1	1.6	18	16.7	1.2	5.9	0.28	128.2	
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	719	171	5.1	2.1	23.5	21.7	1.5	7.1	0.35	17.1	
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	500	118	4.5	1.1	17.2	12.6	1.4	1.9	0.25	85.5	
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	653	157	5.7	1.6	23.4	17.7	1.8	2.3	0.33	128.2	
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	831	197	6.9	2.1	29.8	22.9	2.1	3.2	0.41	17.1	
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	379	90	2.7	1.6	13.4	12.6	0.6	2.7	0.21	85.5	
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	519	123	3.6	2.1	19	17.7	0.8	3.5	0.28	128.2	
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	663	157	4.5	2.7	24.6	23	1	4.3	0.35	17.1	
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, matcha pr	701	166	4.7	3.3	22.4	22.2	0.9	8.2	0.36	55.7	
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, matcha pr	848	225	6.4	4.4	30.2	30	1.1	11.1	0.49	70.5	
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, matcha pr	1114	264	7.4	5.1	36.2	35.9	1.2	12.7	0.58	78	
Iced Caramelised Banana Matcha Latte - whole milk	Tall	whole milk [whole MILK], ice, matcha premix [water, Pow	829	193	6.3	4.5	22.3	22.2	0.9	8.6	0.36	55.7	
Iced Caramelised Banana Matcha Latte - whole milk	Grande	whole milk [whole MILK], ice, matcha premix [water, Pow	1122	267	11.3	7.5	30	29.7	1.1	10.9	0.48	70.5	
Iced Caramelised Banana Matcha Latte - whole milk	Venti	whole milk [whole MILK], ice, matcha premix [water, Pow	1330	311	13	8.6	35.9	35.6	1.2	12.4	0.57	78	
Iced Caramelised Banana Matcha Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, matcha premix [water	606	143	2	1.4	22.6	22.4	0.9	8.2	0.37	55.7	
Iced Caramelised Banana Matcha Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, matcha premix [water	817	193	2.7	1.9	30.5	30.2	1.1	11.1	0.50	70.5	
Iced Caramelised Banana Matcha Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, matcha premix [water	967	229	3.3	2.3	36.5	36.2	1.2	12.7	0.58	78	
Iced Caramelised Banana Matcha Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	507	123	3.7	1.3	18.2	18	1.2	2.5	0.30	55.7	
Iced Caramelised Banana Matcha Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	681	165	5	1.8	24.4	24.1	1.6	3.3	0.40	70.5	
Iced Caramelised Banana Matcha Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	827	193	5.9	2.9	29.7	29.6	1.8	3.9	0.47	78	
Iced Caramelised Banana Matcha Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	642	153	5	1.7	18.3	17.9	2	7.7	0.32	55.7	
Iced Caramelised Banana Matcha Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	867	206	6.8	2.3	24.6	24.1	2.6	10.4	0.44	70.5	
Iced Caramelised Banana Matcha Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1023	244	7.8	2.8	29.9	29.3	2.9	11.9	0.52	78	
Iced Caramelised Banana Matcha Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	776	183	7.2	1.7	25.9	19.4	2.7	3	0.40	55.7	
Iced Caramelised Banana Matcha Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1049	248	9.8	2.3	34.9	26	3.6	4	0.54	70.5	
Iced Caramelised Banana Matcha Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1228	291	11.2	2.8	41.5	31.5	4	4.7	0.63	78	
Iced Caramelised Banana Matcha Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	576	136	4.3	2.5	19.7	19.4	1.4	4.3	0.32	55.7	
Iced Caramelised Banana Matcha Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	775	183	5.9	3.3	25.6	25.1	1.8	5.9	0.44	70.5	
Iced Caramelised Banana Matcha Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	921	217	6.7	3.9	31.9	31.6	2.1	6.7	0.52	78	
Iced Caramelised Banana Latte - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], caramelised	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5	
Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, caramelise	811	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5	
Iced Caramelised Banana Latte - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], whole bear	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2	
Iced Caramelised Banana Latte - whole milk	Tall	ice, whole milk [whole MILK], caramelised banana cold foa	730	173	6.6	4.3	21	20.1	0.3	7.6	0.33	85.5	
Iced Caramelised Banana Latte - whole milk	Grande	whole milk [whole MILK], ice, caramelised banana cold fo	1058	251	9.8	6.5	29.9	28.9	0.3	10.8	0.48	85.5	
Iced Caramelised Banana Latte - whole milk	Venti	ice, whole milk [whole MILK], whole bean roasted coffee,	1199	285	10.6	7.1	35.7	34.3	0.4	11.7	0.55	128.2	
Iced Caramelised Banana Latte - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], caramelised banana c	564	134	1.9	1.3	20.4	19.3	0.3	7.7	0.34	85.5	
Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, caramelised banana c	802	190	2.6	1.8	30.3	29.4	0.3	11.1	0.49	85.5	
Iced Caramelised Banana Latte - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], whole bean roasted c	939	223	3.2	2.2	36.1	34.8	0.4	11.9	0.56	128.2	
Iced Caramelised Banana Latte - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	490	118	3.1	1.2	17.9	17.9	1.1	0.6	3.4	0.29	85.5
Iced Caramelised Banana Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), Sugar, Fructose,	689	166	4.6	1.7	25.2	24.3	0.7	4.5	0.41	85.5	
Iced Caramelised Banana Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), Sugar, Fructo	824	198	5.2	2.2	30.9	29.6	0.9	5.3	0.48	128.2	
Iced Caramelised Banana Latte - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	591	141	4.1	1.5	18.1	17.1	1.1	7.3	0.31	85.5	
Iced Caramelised Banana Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5	
Iced Caramelised Banana Latte - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	982	234	6.7	2.6	31.1	29.5	1.8	11.3	0.51	128.2	
Iced Caramelised Banana Latte - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	680	164	5.7	1.5	23.7	18.1	1.7	3.8	0.36	85.5	
Iced Caramelised Banana Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	997	236	8.6	2.1	34	25.9	2.4	5.1	0.53	85.5	
Iced Caramelised Banana Latte - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1137	269	9.3	2.6	39.9	31.2	2.6				

Brown Sugar Frappuccino - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1255	300	12.6	7.2	43.5	41.6	0.4	2.2	0.59	37
Brown Sugar Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	900	215	11.2	6.5	25	23.9	0.5	3.2	0.31	17.2
Brown Sugar Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1252	299	14.5	8.2	37	35.3	0.7	4.6	0.48	27.7
Brown Sugar Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1333	315	13.2	7.4	43.6	41.6	0.8	4.8	0.61	37
Brown Sugar Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	941	224	11.9	6.5	27.3	24.3	0.7	1.7	0.33	17.2
Brown Sugar Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1314	313	15.5	8.2	40.5	36	1.1	2.4	0.53	27.7
Brown Sugar Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1390	331	14.3	7.4	47.3	42.3	1.2	2.5	0.64	37
Brown Sugar Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1800	210	11	6.7	25.4	24.3	0.3	2.1	0.31	17.2
Brown Sugar Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1220	291	14.2	8.6	37.6	36	0.4	3	0.48	27.7
Brown Sugar Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1289	307	12.9	7.8	44.2	42.4	0.5	3.1	0.61	37
Caramel Mocha Frappuccino - semi skimmed milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1369	325	17.9	11.2	36.1	34.3	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - semi skimmed milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1693	404	20.1	12.5	49.1	46.7	1.2	6	0.53	34
Caramel Mocha Frappuccino - semi skimmed milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1532	461	21.1	13.1	59.9	57	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - whole milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1397	334	19	11.9	36	34.2	0.8	4.3	0.36	21.3
Caramel Mocha Frappuccino - whole milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1751	418	21.7	13.6	49	46.7	1.2	5.9	0.53	34
Caramel Mocha Frappuccino - whole milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1995	476	22.9	14.3	59.8	56.9	1.7	6.6	0.67	46.1
Caramel Mocha Frappuccino - skimmed milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1331	318	17.1	10.6	36.1	34.3	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - skimmed milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1650	394	18.9	11.7	49.2	46.8	1.2	6	0.53	34
Caramel Mocha Frappuccino - skimmed milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1885	449	19.8	12.2	60	57.1	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - almond drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1301	312	17.6	10.6	34.8	33	0.9	2.7	0.34	21.3
Caramel Mocha Frappuccino - almond drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1605	384	19.6	11.7	47.2	44.8	1.4	3.4	0.50	34
Caramel Mocha Frappuccino - almond drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1836	439	20.6	12.2	57.8	54.9	1.9	3.9	0.64	46.1
Caramel Mocha Frappuccino - soya drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1341	321	18	10.7	34.9	33	1.1	4.2	0.35	21.3
Caramel Mocha Frappuccino - soya drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1666	398	20.2	11.8	47.2	44.8	1.8	5.7	0.51	34
Caramel Mocha Frappuccino - soya drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1902	454	21.2	12.4	57.9	54.9	2.2	6.5	0.65	46.1
Caramel Mocha Frappuccino - oat drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1382	330	18.6	10.7	37.1	33.4	1.3	2.8	0.37	21.3
Caramel Mocha Frappuccino - oat drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1727	412	21.2	11.8	50.7	45.4	2.1	3.6	0.55	34
Caramel Mocha Frappuccino - oat drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1968	469	22.3	12.4	61.6	55.6	2.6	4.2	0.68	46.1
Caramel Mocha Frappuccino - coconut drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wh	1372	316	17.8	11	35.2	33.4	1	3.2	0.35	21.3
Caramel Mocha Frappuccino - coconut drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wh	1600	390	19.9	11.2	47.8	45.4	1.5	4.1	0.51	34
Caramel Mocha Frappuccino - coconut drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wh	1830	446	20.9	12.8	58.5	55.7	1.9	4.8	0.65	46.1
Strawberry Matcha Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], strawberry c	1058	253	13	8.1	29.2	27.8	0.8	4.3	0.33	40.1
Strawberry Matcha Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], strawberry c	1323	316	14.7	9.2	39.4	37.7	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], strawberry c	1459	348	14.7	9.1	46.6	44.8	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], strawberry cream foam [whip	1110	265	14.5	9.1	29.1	27.8	0.8	4.2	0.33	40.1
Strawberry Matcha Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], strawberry cream foam [whip	1401	334	16.9	10.6	39.3	37.6	1.1	5.9	0.49	61.9
Strawberry Matcha Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], strawberry cream foam [whip	1547	369	17.2	11	46.5	44.7	1.4	6.6	0.61	82.2
Strawberry Matcha Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], strawberry cream foam	1020	249	14.2	8.1	31.9	30.2	0.8	4.3	0.33	40.1
Strawberry Matcha Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], strawberry cream foam	1265	302	13.1	8.1	39.5	37.8	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], strawberry cream foam	1393	332	12.8	7.9	46.8	44.9	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	980	235	12.6	7.4	27.5	26.1	0.9	2	0.30	40.1
Strawberry Matcha Frappuccino - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1205	289	14.1	8	36.8	35.1	1.3	2.5	0.45	61.9
Strawberry Matcha Frappuccino - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1325	318	14	7.8	43.7	41.8	1.7	2.7	0.56	82.2
Strawberry Matcha Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1034	248	13.1	7.5	27.5	26.1	1.2	4.1	0.32	40.1
Strawberry Matcha Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1287	308	14.9	8.2	36.9	35.1	1.8	5.7	0.47	61.9
Strawberry Matcha Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1418	339	14.9	8.1	44.8	41.8	2.2	6.3	0.58	82.2
Strawberry Matcha Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1088	260	14	7.5	30.6	26.7	1.5	2.2	0.34	40.1
Strawberry Matcha Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1368	326	16.2	8.2	41.5	36	2.2	2.8	0.51	61.9
Strawberry Matcha Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1510	360	16.4	8.2	49	42.8	2.7	3.1	0.63	82.2
Strawberry Matcha Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1007	241	12.9	7.8	28.1	26.7	1	2.8	0.32	40.1
Strawberry Matcha Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1247	297	14.4	8.7	37.7	36	1.4	3.6	0.47	61.9
Strawberry Matcha Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1372	327	14.4	8.6	44.7	42.9	1.8	4	0.58	82.2

Alternative Coffee Bean - Espresso Drinks

Blonde Americano	Short	water, blonde roast (as consumed) [whole bean roasted c	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Blonde Americano	Tall	water, blonde roast (as consumed) [whole bean roasted c	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	water, blonde roast (as consumed) [whole bean roasted c	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	water, blonde roast (as consumed) [whole bean roasted c	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Short	water, decaf espresso (as consumed) [whole bean roasted	4	1	0.1	0	0.6	0.1	0.1	0.0	0.01	42.7
Decaf Americano	Tall	water, decaf espresso (as consumed) [whole bean roasted	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	water, decaf espresso (as consumed) [whole bean roasted	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	water, decaf espresso (as consumed) [whole bean roasted	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (i	308	73	2.6	1.6	7.3	6.9	0.1	5.3	0.16	42.7
Blonde Caffè Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (i	515	123	4.3	2.7	12.2	11.5	0.3	8.8	0.26	85.5
Blonde Caffè Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (i	632	151	5.2	3.4	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (i	852	203	7.1	4.5	20.1	19.1	0.4	14.6	0.43	128.2
Blonde Caffè Latte - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	405	94	3.7	2.1	6.7	6.1	0.1	6.9	0.11	42.7
Blonde Caffè Latte - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	677	161	8.9	5.6	11.9	11.2	0.3	8.6	0.26	85.5
Blonde Caffè Latte - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wh	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wh	1122	267	14.7	9.3	19.7	18.7	0.4	14.2	0.42	128.2
Blonde Caffè Latte - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consum	235	56	0.5	0.2	7.4	7.1	0.1	5.3	0.16	42.7
Blonde Caffè Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consum	394	94	0.9	0.4	12.4	11.7	0.3	8.8	0.27	85.5
Blonde Caffè Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	660	155	1.4	0.6	20.5	19.5	0.4	14.6	0.43	128.2
Blonde Caffè Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	159	40	1.8	0.4	4	3.6	0.4	0.9	0.11	42.7
Blonde Caffè Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	268	67	3	0.3	6.7	6	0.7	1.5	0.18	85.5
Blonde Caffè Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	362	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	441	110	5	0.5	11.1	10	1.2	2.5	0.29	128.2
Blonde Caffè Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	263	63	2.8	0.4	4.1	3.6	1	4.9	0.13	42.7
Blonde Caffè Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	440	106	4.6	0.7	6.9	6	1.7	8.1	0.21	85.5
Blonde Caffè Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	727	175	7.7	1.2	11.4	10	2.8	13.5	0.35	128.2
Blonde Caffè Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	365	46	4.5	0.4	4.9	4.7	1.6	0.18	1.3	0.18
Blonde Caffè Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	610	145	7.4	0.7	16.5	7.8	2.6	2.2	0.20	85.5
Blonde Caffè Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	749	178	9.2	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1009	239	12.3	1.2	27.3	13	4.3	3.6	0.51	128.2
Blonde Caffè Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	211	50	2.2	1	5.1	4.8	0.6	2.3	0.13	42.7
Blonde Caffè Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	355	84	3.7	1.7	8.6	7.9	1	3.9	0.21	85.5
Blonde Caffè Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	434	102	4.6	2.1	10.5	9.8	1.2	4.7	0.26	85.5
Blonde Caffè Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	586	138	6.1	2.8	14.2	13.2	1.6	6.4	0.35	128.2
Decaf Caffè Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	311	75	2.6	1.6	7.5	6.9	0.1	5.3	0.16	1.8
Decaf Caffè Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espress	421	124	4.3	2.7	12.6	11.5	0.2	8.8	0.26	3.6
Decaf Caffè Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espress	528	152	5.2	3.4	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	861	205	7.1	4.5	20.7	19.1	0.3	14.5	0.43	5.4
Decaf Caffè Latte - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	409	97	5.3	3.4	7.3	6.8	0.1	5.1	0.15	1.8
Decaf Caffè Latte - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v										

Blonde Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	522	132	6,8	0,7	15,1	7,2	2,4	2	0,28	85,5
Blonde Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	725	172	8,9	0,9	19,6	9,4	3,1	2,6	0,36	85,5
Blonde Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	958	227	11,7	1,2	26	12,4	4,1	3,5	0,48	128,2
Blonde Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	184	43	1,9	0,9	4,5	4,1	0,5	2	0,11	42,7
Blonde Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	257	59	2,5	1,6	7,7	3,9	0,9	2,6	0,19	85,5
Blonde Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	420	99	4,4	2	10,2	9,5	1,1	4,6	0,26	85,5
Blonde Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	557	132	5,8	2,7	13,5	12,5	1,5	6,1	0,34	128,2
Decaf Latte Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	270	64	2,2	1,4	6,5	6	0,1	4,5	0,14	1,8
Decaf Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espresso	478	114	3,9	2,5	11,6	10,5	0,2	8	0,24	3,6
Decaf Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espresso	618	147	5,1	3,2	14,8	13,8	0,2	10,4	0,31	3,6
Decaf Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espresso	818	195	6,7	4,3	19,7	18,1	0,3	13,8	0,41	5,4
Decaf Latte Macchiato - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	354	84	4,6	2,9	6,4	5,8	0,1	4,4	0,13	1,8
Decaf Latte Macchiato - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v	605	149	8,1	5,1	11,3	10,3	0,2	7,6	0,21	3,6
Decaf Latte Macchiato - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [v	812	194	10,6	6,7	14,5	13,5	0,2	10,1	0,31	3,6
Decaf Latte Macchiato - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	1073	256	13,9	8,8	19,3	17,7	0,3	13,4	0,40	5,4
Decaf Latte Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	207	49	0,4	0,2	6,6	6,1	0,1	4,5	0,14	1,8
Decaf Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consum	367	87	0,8	0,3	11,8	10,7	0,2	8	0,24	3,6
Decaf Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consum	473	112	1	0,4	15,1	14,1	0,2	10,4	0,32	3,6
Decaf Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consum	627	149	1,3	0,6	20,1	18,5	0,3	13,8	0,42	5,4
Decaf Latte Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	141	35	1,6	0,1	3,7	3,1	0,4	0,8	0,09	1,8
Decaf Latte Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	252	63	2,7	0,6	5,5	0,7	1,4	0,16	3,6	
Decaf Latte Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	322	80	3,6	0,3	8,3	7,3	0,8	1,7	0,21	3,6
Decaf Latte Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	428	107	4,7	0,4	11,1	9,8	1,1	2,3	0,28	5,4
Decaf Latte Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	231	55	2,4	0,4	3,8	3,1	0,9	4,2	0,11	1,8
Decaf Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	409	98	4,2	0,7	6,8	5,5	1,5	7,4	0,19	3,6
Decaf Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	528	127	5,5	0,9	8,5	7,2	1,9	9,6	0,26	3,6
Decaf Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	699	168	7,3	1,2	11,5	9,5	2,6	12,7	0,34	5,4
Decaf Latte Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	319	76	3,9	0,4	8,8	4,1	1,3	1,1	0,16	1,8
Decaf Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	564	134	6,8	0,7	15,5	7,2	2,4	2	0,28	3,6
Decaf Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	731	173	8,9	0,9	20,1	9,4	3	3,6	0,26	3,6
Decaf Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	967	229	11,7	1,2	26,6	12,4	4	3,4	0,48	5,4
Decaf Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	187	44	1,9	0,9	4,7	4,1	0,5	2	0,11	1,8
Decaf Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	232	78	3,4	1,6	8,3	7,3	0,9	3,5	0,19	3,6
Decaf Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	426	101	4,4	2	10,6	9,5	1,1	4,5	0,26	3,6
Decaf Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	566	134	5,8	2,7	14,1	12,5	1,5	6	0,34	5,4
Blonde Espresso Doppio	Doppio	blonde roast (as consumed) [whole bean roasted coffe	25	6	0,1	0	0,8	0,1	0,3	0,3	0,00	85,5
Blonde Espresso Doppio	Doppio	decaf espresso (as consumed) [whole bean roasted coffi	31	8	0,1	0	1,2	0,1	0,2	0,3	0,00	3,6
Blonde Espresso Doppio	Single	blonde roast (as consumed) [whole bean roasted coffe	13	3	0,1	0	0,4	0,1	0,1	0,1	0,00	42,7
Blonde Espresso Doppio	Single	decaf espresso (as consumed) [whole bean roasted coffi	0	0	0	0	0,6	0,1	0,1	0,1	0,00	1,8
Blonde Espresso Macchiato - semi skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	23	6	0,2	0,1	0,6	0,3	0,1	0,3	0,01	42,7
Blonde Espresso Macchiato - whole milk	Single	blonde roast (as consumed) [whole bean roasted coffee	27	7	0,3	0,1	0,6	0,3	0,1	0,3	0,01	42,7
Blonde Espresso Macchiato - skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	21	5	0,1	0	0,6	0,3	0,1	0,3	0,01	42,7
Blonde Espresso Macchiato - almond drink	Single	blonde roast (as consumed) [whole bean roasted coffee	18	4	0,1	0	0,5	0,2	0,1	0,2	0,00	42,7
Blonde Espresso Macchiato - soya drink	Single	blonde roast (as consumed) [whole bean roasted coffee	22	5	0,2	0	0,5	0,2	0,2	0,3	0,01	42,7
Blonde Espresso Macchiato - oat drink	Single	blonde roast (as consumed) [whole bean roasted coffee	25	6	0,2	0	0,7	0,2	0,2	0,2	0,01	42,7
Blonde Espresso Macchiato - coconut drink	Single	blonde roast (as consumed) [whole bean roasted coffee	20	5	0,1	0,1	0,6	0,2	0,2	0,2	0,01	42,7
Decaf Espresso Macchiato - semi skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	26	6	0,2	0,1	0,8	0,3	0,1	0,3	0,01	1,8
Decaf Espresso Macchiato - whole milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	30	7	0,3	0,1	0,8	0,3	0,1	0,3	0,01	1,8
Decaf Espresso Macchiato - skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	24	6	0,1	0	0,8	0,3	0,1	0,3	0,01	1,8
Decaf Espresso Macchiato - almond drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	21	5	0,1	0	0,7	0,2	0,1	0,2	0,00	1,8
Decaf Espresso Macchiato - soya drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	25	6	0,2	0	0,7	0,2	0,1	0,3	0,01	1,8
Decaf Espresso Macchiato - oat drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	28	7	0,2	0	0,9	0,2	0,2	0,2	0,01	1,8
Decaf Espresso Macchiato - coconut drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	23	6	0,1	0,1	0,8	0,2	0,1	0,2	0,01	1,8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	58	14	0,4	0,2	1,5	0,9	0,3	0,02	0,02	85,5
Blonde Espresso Macchiato - Doppio - whole milk	Double	blonde roast (as consumed) [whole bean roasted coffee	68	17	0,7	0,4	1,5	0,8	0,3	0,8	0,02	85,5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	50	12	0,2	0,1	1,5	0,9	0,3	0,9	0,02	85,5
Blonde Espresso Macchiato - Doppio - almond drink	Double	blonde roast (as consumed) [whole bean roasted coffee	41	10	0,3	0,1	1,2	0,5	0,3	0,4	0,01	85,5
Blonde Espresso Macchiato - Doppio - soya drink	Double	blonde roast (as consumed) [whole bean roasted coffee	53	13	0,4	0,1	1,2	0,5	0,4	0,8	0,02	85,5
Blonde Espresso Macchiato - Doppio - oat drink	Double	blonde roast (as consumed) [whole bean roasted coffee	64	16	0,6	0,1	1,8	0,6	0,4	0,4	0,02	85,5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	blonde roast (as consumed) [whole bean roasted coffee	47	12	0,4	0,2	1,3	0,6	0,3	0,6	0,02	85,5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	64	15	0,4	0,2	1,9	0,9	0,2	0,8	0,02	3,6
Decaf Espresso Macchiato - Doppio - whole milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	75	18	0,7	0,4	2,5	1,5	0,2	0,8	0,02	3,6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	56	14	0,2	0,1	2	0,9	0,2	0,6	0,02	3,6
Decaf Espresso Macchiato - Doppio - almond drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	47	12	0,3	0,1	1,6	0,5	0,3	0,4	0,01	3,6
Decaf Espresso Macchiato - Doppio - soya drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	59	14	0,4	0,1	1,6	0,5	0,3	0,8	0,02	3,6
Decaf Espresso Macchiato - Doppio - oat drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	70	17	0,6	0,1	2,2	0,6	0,4	0,4	0,02	3,6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	53	13	0,4	0,2	1,7	0,6	0,3	0,5	0,02	3,6
Blonde Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto blon	208	49	1,6	1	5,3	4,3	0	3,5	0,10	75,6
Blonde Cortado - whole milk	Short	whole milk [whole MILK], ristretto blonde single shot (a	269	64	3,3	2,1	5,2	4,2	0	3,4	0,10	75,6
Blonde Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto blonde single sho	162	38	0,3	0,2	5,4	4,4	0	3,5	0,10	75,6
Blonde Cortado - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	115	28	1,1	0,1	3,2	2,2	0,1	0,7	0,07	75,6
Blonde Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	179	43	1,7	0,3	3,3	2,3	0,5	3,2	0,08	75,6
Blonde Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	243	58	2,8	0,3	6,9	3	0,9	1	0,12	75,6
Blonde Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	148	35	1,4	0,3	3,9	3	0,3	1,6	0,08	75,6
Decaf Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	215	51	1,7	1	5,5	4,4	0,2	3,5	0,10	3,6
Decaf Cortado - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	277	66	3,4	2,1	5,4	4,3	0,2	3,4	0,10	3,6
Decaf Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	170	41	0,4	0,2	5,6	4,5	0,2	3,5	0,10	3,6
Decaf Cortado - almond drink	Short	almond drink [water, ALMOND (2.5%), sugar, fructose,	122	30	1,2	0,1	3,4	2,4	0,4	0,7	0,07	3,6
Decaf Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	187	45	1,8	0,3	3,5	2,5	0,8	3,6	0,08	3,6
Decaf Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	251	60	2,8	0,3	7,1	3	1,1	1	0,12	3,6
Decaf Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	155	37	1,5	0,1	4,1	3,1	0,5	1,6	0,08	3,6
Blonde Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (268	64	2,2	1,4	6,3	6	0,1	4,6	0,14	42,7
Blonde Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (428	102	3,5	2,2	10,1	9,5	0,3	7,3	0,22	85,5
Blonde Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (542	129	4,5	2,9	12,8	12,1	0,3	9,3	0,28	85,5
Blonde Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (702	167	5,8	3,7	16,6	15,6	0,4	12	0,36	128,2
Blonde Cappuccino - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	352	84	4,6	2,9	6,2	5,9	0,1	4,5	0,13	42,7
Blonde Cappuccino - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	561	134	7,3	4,6	9,9	9,3	0,1	7,1	0,21	85,5
Blonde Cappuccino - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wh	713	170	9,3	5,9	12,5	11,8	0,3	9	0,27	85,5
Blonde Cappuccino - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wh	923	220	12	7,6	16,3	15,3	0,4	11,7	0,35	128,2
Blonde Cappuccino - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consum	205	49	0,4	0,2	6,4	6,1	0,1	4,6	0,14	42,7
Blonde Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consum	328	78	0,7	0,3	10,3	9,7	0,3	7,3	0,22	85,5
Blonde Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	414	98	0,9	0,4	13	12,4	0,3	9,3	0,28	85,5
Blonde Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	538	128	1,2	0,5	16,9	15,9	0,4	12	0,36	128,2
Blonde Cappuccino - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	139	35	1,6	0,1	3,5	3,1	0,4	0,8	0,09	42,7
Blonde Cappuccino - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	225	56	2,2	0,2	5,7	5	0,7	1,5	0,15	85,5
Blonde Cappuccino - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	281	70	3,2	0,3	7	6,4	0,8	1,6	0,19	85,5
Blonde Cappuccino - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	367	92	4,1	0,4	9,2	8,2	1,1	2,1	0,24	128,2
Blonde Cappuccino - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	229	55	2,4	0,4	3,6	3,1	0,9	4,2	0	

Blonde Flat White - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5	
Blonde Flat White - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consume	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5	
Blonde Flat White - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5	
Blonde Flat White - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5	
Blonde Flat White - coconut drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	297	64	1.7	0.4	3.7	3.5	1.3	1.4	0.14	85.5	
Blonde Flat White - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] [water, coco	171	41	1.7	0.8	4.2	3.6	0.6	1.9	0.10	85.5	
Decaf Flat White - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	248	59	2	1.2	6.2	5.2	0.2	4	0.12	3.6	
Decaf Flat White - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6	
Decaf Flat White - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6	
Decaf Flat White - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6	
Decaf Flat White - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6	
Decaf Flat White - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	290	69	3.4	0.4	3.2	3.6	1.3	1.1	0.14	3.6	
Decaf Flat White - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] [water, coco	177	42	1.7	0.8	3.6	3.6	0.5	1.6	0.10	3.6	
Blonde Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (i	432	103	3.2	2	13.3	12.7	0.1	5.2	0.18	42.7	
Blonde Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (i	700	166	4.9	3.1	22	21	0.3	8.4	0.27	85.5	
Blonde Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (i	896	213	6	3.8	28.8	27.6	0.3	10.8	0.35	85.5	
Blonde Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (i	1141	271	7.5	4.8	36.7	35.2	0.4	13.9	0.44	128.2	
Blonde Caramel Macchiato - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	528	126	5.9	3.7	13.1	12.5	0.1	5.1	0.17	42.7	
Blonde Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	854	203	9.3	5.8	21.8	20.7	0.3	8.2	0.27	85.5	
Blonde Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wh	1095	260	11.7	7.4	28.5	27.3	0.3	10.5	0.34	85.5	
Blonde Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1396	332	14.8	9.3	36.4	34.8	0.4	13.5	0.43	128.2	
Blonde Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consume	361	86	1.2	0.6	13.4	12.8	0.1	5.2	0.18	42.7	
Blonde Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consume	585	139	1.7	0.9	22.3	21.2	0.3	8.4	0.28	85.5	
Blonde Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consume	747	177	1.9	1	29.1	27.9	0.3	10.8	0.35	85.5	
Blonde Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consume	950	225	2.2	1.1	37.1	35.6	0.4	13.9	0.45	128.2	
Blonde Caramel Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	287	70	2.4	0.6	10.1	9.5	0.4	0.9	0.13	42.7	
Blonde Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	465	113	3.7	0.8	16.9	15.8	0.7	1.5	0.19	85.5	
Blonde Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5	
Blonde Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	751	183	5.6	1	28.2	26.6	1.2	2.4	0.30	128.2	
Blonde Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	388	93	3.4	0.9	9.2	9.4	1	4.8	0.15	42.7	
Blonde Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	628	150	5.2	1.2	17.1	15.8	1.6	7.8	0.23	85.5	
Blonde Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5	
Blonde Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1022	244	8.1	1.7	28.5	26.6	2.7	12.8	0.36	128.2	
Blonde Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	488	116	5	0.9	15.9	10.5	1.5	1.3	0.20	42.7	
Blonde Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	789	187	7.9	1.2	26.2	17.5	2.5	2.2	0.31	85.5	
Blonde Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1011	239	9.9	1.4	34.1	23.2	3.1	2.7	0.40	85.5	
Blonde Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1289	305	12.5	1.7	41.6	29.5	4.1	3.5	0.51	128.2	
Blonde Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] [water, coco	180	41	1.7	0.8	2.4	21.2	0.6	0.15	0.17	42.7	
Blonde Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%)] [water, coco	548	130	4.4	2.2	18.7	17.6	0.9	3.8	0.23	85.5	
Blonde Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%)] [water, coco	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5	
Blonde Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%)] [water, coco	889	210	6.7	3.2	31.2	29.6	1.5	6.2	0.36	128.2	
Decaf Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	435	103	3.2	2	13.5	12.7	0.1	5.2	0.18	1.8	
Decaf Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espresso	706	168	4.9	3.1	22.4	21	0.2	8.4	0.27	3.6	
Decaf Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espresso	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6	
Decaf Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espresso	1149	273	7.5	4.8	37.4	35.2	0.3	13.8	0.44	5.4	
Decaf Caramel Macchiato - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	531	125	5.9	3.7	13.4	12.5	0.1	5.1	0.17	1.8	
Decaf Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v	859	204	9.3	5.8	22.2	20.8	0.2	8.2	0.27	3.6	
Decaf Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [v	1100	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6	
Decaf Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	1405	334	14.8	9.3	37	34.8	0.3	13.5	0.43	5.4	
Decaf Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	364	86	1.2	0.6	13.6	12.8	0.1	5.2	0.18	1.8	
Decaf Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consum	591	140	1.7	0.9	22.7	21.2	0.2	8.4	0.28	3.6	
Decaf Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consum	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6	
Decaf Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consum	958	227	2.2	1.1	37.7	35.6	0.3	13.8	0.45	5.4	
Decaf Caramel Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	290	71	2.4	0.6	10.6	10.3	0.5	0.4	0.13	0.9	
Decaf Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	471	115	3.7	0.8	17.3	15.8	0.7	1.5	0.19	3.6	
Decaf Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6	
Decaf Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	760	185	5.6	1	28.8	26.7	1.1	2.4	0.30	5.4	
Decaf Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8	
Decaf Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	634	152	5.2	1.2	17.5	15.8	1.6	7.7	0.23	3.6	
Decaf Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6	
Decaf Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1031	246	8.1	1.7	29.1	26.6	2.6	12.8	0.36	5.4	
Decaf Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	481	116	5	0.9	16.1	10.5	1.5	1.0	0.13	1.8	
Decaf Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	795	188	7.9	1.2	26.6	17.7	2.5	2.1	0.31	3.6	
Decaf Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6	
Decaf Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1298	307	12.5	1.7	44.2	29.5	4	3.5	0.51	5.4	
Decaf Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] [water, coco	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8	
Decaf Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%)] [water, coco	554	131	4.4	2.2	19.1	17.6	0.9	3.7	0.23	3.6	
Decaf Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%)] [water, coco	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6	
Decaf Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%)] [water, coco	897	212	6.7	3.2	31.8	29.6	1.5	6.1	0.36	5.4	
Blonde Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (i	526	126	6.5	4.5	11.4	10.8	1	4.8	0.13	48.8	
Blonde Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (i	850	203	9.4	5.8	23.4	19.1	2.1	8.2	0.21	97.6	
Blonde Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce (1092	261	11	7.4	28.1	26.4	3	10.9	0.28	103.7	
Blonde Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (i	1372	327	13	8.7	36.6	34.2	4	14	0.35	152.5	
Blonde Mocha - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	598	143	8.6	5.8	11.3	10.7	1	4.7	0.12	48.8	
Blonde Mocha - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	971	232	12.8	8.5	20.3	18.9	2.1	8.1	0.21	97.6	
Blonde Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, coc	1252	299	15.5	10.2	37.9	26.2	3	10.7	0.27	103.7	
Blonde Mocha - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wh	1576	376	18.8	12.3	36.2	33.9	4	13.7	0.34	152.5	
Blonde Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consume	472	113	5	3.4	11.5	10.9	1	4.8	0.13	48.8	
Blonde Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consume	759	181	6.8	4.6	19.6	19.2	2.1	8.2	0.22	97.6	
Blonde Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, sug	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7	
Blonde Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consume	1220	291	8.8	5.7	4	36.9	34.5	4	14	0.36	152.5
Blonde Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	416	101	6	3.4	9	8.4	1.2	1.6	0.09	48.8	
Blonde Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	665	162	8.4	4.5	16.4	15.1	2.4	2.8	0.15	97.6	
Blonde Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	847	206	9.7	5	22.8	21.1	3.4	3.7	0.19	103.7	
Blonde Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1062	258	11.5	5.7	29.7	27.4	4.6	4.8	0.24	152.5	
Blonde Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	492	118	6.7	3.6	9.1	8.3	1.7	4.5	0.11	48.8	
Blonde Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	794	191	9.6	4.9	18.5	15	3.1	7.7	0.18	97.6	
Blonde Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1017	244	11.3	6.4	23	21	4.4	10.2	0.23	103.7	
Blonde Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1278	306	13.5	6.2	30	27.3	5.8	13.1	0.29	152.5	
Blonde Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	567	135	7.9	3.6	13.4	9.2	2.1	1.9	0.15	48.8	
Blonde Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	920	219	11.7	4.9	23.7	16.4	3.8	3.3	0.24	97.6	
Blonde Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7	
Blonde Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1490	355	17	6.2	42	29.6	6.9	5.7	0.40	152.5	
Blonde Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] [water, coco	455	109	6.3	4	9.9	9.2	1.3	2.6	0.11	48.8	
Blonde Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%)] [water, coco	730	174	8.6	4.6	15.7						

Blonde White Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	783	189	9	5.3	22.9	22.3	0.6	2.8	0.26	85.5
Blonde White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1314	317	12.8	7.1	43.2	42.2	1.1	4.8	0.48	128.2
Blonde White Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	558	134	7.1	4	12.5	12.1	0.8	4.6	0.17	42.7
Blonde White Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	807	217	10.2	5.6	23.1	22.2	1.3	7.5	0.28	85.5
Blonde White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1180	282	12.1	6.5	32.7	31.8	1.7	9.8	0.39	85.5
Blonde White Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1532	366	14.9	7.7	43.5	42.2	2.3	13.2	0.52	128.2
Blonde White Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	635	151	8.3	4	16.9	12.9	1.2	1.9	0.21	42.7
Blonde White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1029	245	12.2	5.6	30	23.6	2	3.3	0.35	85.5
Blonde White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1338	318	14.7	6.5	41.6	33.5	2.5	4.3	0.47	85.5
Blonde White Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1748	415	18.4	7.7	55.7	44.5	3.5	5.7	0.64	128.2
Blonde White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	520	124	6.6	4.4	13.3	12.9	0.5	2.7	0.17	42.7
Blonde White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	846	201	9.5	6.3	24.3	23.6	0.8	4.5	0.28	85.5
Blonde White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1101	262	11.2	7.4	34.2	33.5	1	5.8	0.39	85.5
Blonde White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1424	338	13.7	8.9	45.6	44.6	1.4	7.8	0.52	128.2
Decaf White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], white chocola	758	181	7.6	5.5	22.9	22.4	0.1	5.2	0.24	1.8
Decaf White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], white chocola	1114	266	10.5	7.5	34.7	33.6	0.3	8	0.36	3.6
Decaf White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], white chocola	1450	345	12.7	9.1	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], white chocola	1754	418	14.7	10.6	57.5	55.9	0.4	13.5	0.61	5.4
Decaf White Mocha - whole milk	Short	whole milk [whole MILK], white chocolate mocha [Sugar,]	826	197	9.5	6.7	22.8	22.3	0.1	5.1	0.23	1.8
Decaf White Mocha - whole milk	Tall	whole milk [whole MILK], white chocolate mocha [Sugar,]	1220	291	13.5	9.4	34.5	33.5	0.3	7.8	0.36	3.6
Decaf White Mocha - whole milk	Grande	whole milk [whole MILK], white chocolate mocha [Sugar,]	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	whole milk [whole MILK], white chocolate mocha [Sugar,]	1938	462	20	13.8	57.2	55.6	0.4	13.2	0.60	5.4
Decaf White Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], white chocolate mocha [S	708	169	6.2	4.5	23	22.5	0.1	5.2	0.24	1.8
Decaf White Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], white chocolate mocha [S	1036	247	8.3	6	34.8	33.8	0.3	8	0.36	3.6
Decaf White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], white chocolate mocha [S	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], white chocolate mocha [S	1616	384	10.9	7.9	57.7	56.2	0.4	13.5	0.62	5.4
Decaf White Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	666	158	7.1	4.5	20.7	20.1	0.3	2.1	0.20	1.8
Decaf White Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	954	229	9.7	5.9	31.2	30.1	0.6	3.2	0.31	3.6
Decaf White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1214	306	12.5	6.8	42.1	41.5	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1473	354	13.3	7.8	51.3	49.7	1	5.2	0.51	5.4
Decaf White Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	727	174	7.7	4.7	20.7	20.1	0.7	4.9	0.22	1.8
Decaf White Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1066	255	10.7	6.3	31.3	30.1	1.2	7.5	0.33	3.6
Decaf White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1378	329	13	7.2	41.5	40.2	1.7	10.5	0.45	3.6
Decaf White Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1668	398	15.1	8.3	51.5	49.7	2	12.7	0.55	5.4
Decaf White Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	778	190	8.9	4.7	24.7	20.9	1.1	2.4	0.25	1.8
Decaf White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1196	280	12.5	6.7	37.5	31.3	1.8	3.7	0.39	3.6
Decaf White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1540	357	15.7	9.1	51.6	45.4	2.5	4.9	0.54	3.6
Decaf White Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1861	442	18.3	8.3	62.4	51.8	3.1	6	0.66	5.4
Decaf White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	692	165	7.4	5	21.4	20.9	0.4	3.1	0.22	1.8
Decaf White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	1011	240	10.1	6.9	32.4	31.3	0.7	4.8	0.33	3.6
Decaf White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1297	308	12.1	8.1	43.1	42	1	6.5	0.45	3.6
Decaf White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1572	373	14.1	9.4	53.4	51.8	1.2	7.9	0.55	5.4

Alternative Coffee Bean - Cold Coffee

Decaf Iced Americano	Tall	water, ice, decaf espresso (as consumed) [whole bean roa	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	water, ice, decaf espresso (as consumed) [whole bean roa	47	11	0.2	0	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	water, ice, decaf espresso (as consumed) [whole bean roa	62	15	0.3	0	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	water, ice, blonde roast (as consumed) [whole bean roaste	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	water, ice, blonde roast (as consumed) [whole bean roaste	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	water, ice, blonde roast (as consumed) [whole bean roaste	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	342	82	2.8	1.8	8.1	7.5	0.3	5.8	0.17	85.5
Blonde Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	699	128	4.4	2.8	12.8	11.8	0.4	9.2	0.27	128.2
Blonde Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	447	107	5.8	3.6	8	7.3	0.3	5.6	0.17	85.5
Blonde Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	905	168	9.1	5.7	12.6	11.5	0.4	8.9	0.26	128.2
Blonde Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as consu	264	63	0.6	0.2	8.3	7.6	0.3	5.8	0.17	85.5
Blonde Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as consu	406	96	1.0	0.5	12.8	12.1	0.4	8.3	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as consu	415	99	0.9	0.4	13.1	12	0.4	9.2	0.27	128.2
Blonde Iced Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	462	46	2	0.2	4.6	3.9	0.6	1.1	0.11	85.5
Blonde Iced Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	286	71	3.1	0.3	7.2	6.2	0.9	1.7	0.18	128.2
Blonde Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	293	71	3	0.5	4.8	3.9	1.2	5.4	0.14	85.5
Blonde Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	462	111	4.8	0.8	7.4	6.2	1.9	8.5	0.22	128.2
Blonde Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	566	142	10.6	0.5	11	5.1	1.8	2.0	0.20	85.5
Blonde Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	635	151	7.7	0.8	17.3	8.1	2.8	2.4	0.31	128.2
Blonde Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	239	57	2.4	1.1	5.8	5.2	0.7	2.6	0.14	85.5
Blonde Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	375	89	3.9	1.8	9.2	8.2	1.1	4.1	0.22	128.2
Decaf Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf espr	348	83	2.8	1.8	8.5	7.5	0.2	5.8	0.17	3.6
Decaf Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf espr	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf espr	548	131	4.4	2.8	13.4	11.8	0.3	9.3	0.27	5.4
Decaf Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	453	108	5.8	3.6	8.4	7.3	0.2	5.6	0.17	3.6
Decaf Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	714	170	9.1	5.7	13.2	11.6	0.3	8.8	0.26	5.4
Decaf Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	270	64	0.6	0.2	8.7	7.6	0.2	5.8	0.17	3.6
Decaf Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	424	101	0.9	0.4	13.7	12.1	0.3	9.1	0.27	5.4
Decaf Iced Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	188	47	2	0.2	5	4	0.5	1	0.11	3.6
Decaf Iced Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	296	73	3.1	0.3	7.9	6.3	0.8	1.6	0.18	5.4
Decaf Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	299	72	3	0.5	5.2	3.9	1.2	5.3	0.14	3.6
Decaf Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	471	113	4.8	0.8	8.1	6.2	1.8	8.4	0.22	5.4
Decaf Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	409	97	4.9	0.5	11.4	5.1	1.7	1.5	0.20	3.6
Decaf Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	644	153	7.7	0.8	17.9	8.1	2.7	2.3	0.31	5.4
Decaf Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	244	58	2.4	1.1	6.2	5.2	0.7	2.6	0.14	3.6
Decaf Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	372	88	3.8	1.8	9.3	8.3	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	384	91	3.9	1.8	9.8	8.2	1.1	4.1	0.22	5.4
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	293	70	2.4	1.5	7	6.3	0.3	5	0.14	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	478	114	3.9	2.5	11.4	10.4	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	382	91	4.9							

Blonde Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1602	382	21.2	11.5	42.5	34.9	2.4	4.6	0.47	85.5
Blonde Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1757	419	21.6	12.1	50.1	42.6	2.4	5.3	0.51	128.2
Blonde Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	963	230	13	8.9	24	23.3	0.7	4.1	0.26	85.5
Blonde Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1380	339	18	12.3	35.6	35	0.9	6.1	0.39	85.5
Blonde Iced White Mocha - skimmed milk	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1552	378	18.6	12.9	43.7	42.7	1	6.6	0.44	128.2
Decaf Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], white choc	1209	289	13.9	10	33.9	32.9	0.3	6.9	0.33	36.6
Decaf Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, white cho	1681	402	19.1	13.7	46.8	45.7	0.3	10.5	0.48	36.6
Decaf Iced White Mocha - whole milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], white choc	1836	438	19.6	14.2	54.6	53	0.4	10.5	0.52	5.4
Decaf Iced White Mocha - whole milk	Tall	ice, whole milk [whole MILK], white chocolate mocha [Sug	1288	308	16.1	11.4	33.8	32.7	0.3	6.7	0.32	36.6
Decaf Iced White Mocha - whole milk	Grande	whole milk [whole MILK], ice, white chocolate mocha [Sug	1434	433	22.8	16.1	46.6	45.5	0.3	10.3	0.48	36.6
Decaf Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK], white chocolate mocha [Sug	1954	466	23	16.3	54.4	52.8	0.4	10.3	0.51	5.4
Decaf Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], white chocolate mocha	1150	275	12.3	8.9	34	33	0.3	6.9	0.33	36.6
Decaf Iced White Mocha - skimmed milk	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1582	378	16.3	11.8	47	45.9	0.3	10.5	0.49	36.6
Decaf Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], white chocolate mocha	1747	417	17.2	12.5	54.8	53.2	0.4	10.5	0.52	5.4
Decaf Iced White Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1089	262	13.3	8.9	31.3	30.2	0.5	3.3	0.29	36.6
Decaf Iced White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1479	356	18	11.7	42.3	41.3	0.7	4.5	0.41	36.6
Decaf Iced White Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1656	398	18.7	12.4	50.6	49	0.8	5.2	0.46	5.4
Decaf Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1173	281	14.1	9.1	31.4	30.2	1	6.5	0.30	36.6
Decaf Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1620	388	19.4	12.1	42.5	41.2	1.5	10	0.44	36.6
Decaf Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1781	426	19.9	12.8	50.8	49	1.5	10	0.48	5.4
Decaf Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1255	299	15.4	9.1	36	31.1	1.4	3.7	0.35	36.6
Decaf Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1759	419	21.7	12.1	50.3	42.7	2.2	5.1	0.52	36.6
Decaf Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1105	454	21.9	12.8	57.8	50.4	2.1	5.7	0.55	5.4
Decaf Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1132	270	13.6	9.5	32.2	31.1	0.6	4.5	0.30	36.6
Decaf Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1551	370	18.6	12.9	43.9	42.8	0.9	6.5	0.44	36.6
Decaf Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1719	410	19.2	13.5	52	50.4	0.9	6.9	0.48	5.4
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	426	101	2.1	1.3	16	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	546	130	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	656	156	3	1.8	25.4	23.6	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], espresso roast (as consumed)	640	119	4.3	2.7	21.9	20	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], espresso roast (as consumed)	940	152	5.2	3.3	30.7	19.3	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], espresso roast (as consumed)	763	181	6	3.8	25.3	23.4	0.5	6.2	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], espresso roast (as cons	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], espresso roast (as cons	476	113	0.6	0.2	21	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], espresso roast (as cons	576	136	0.7	0.3	25.6	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	454	107	2.3	0.2	21.9	20	0.9	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	601	142	4.4	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	454	107	2.3	1	17.8	17.4	0.8	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	550	130	2.6	1.2	23.1	21.2	1	3.2	0.14	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], decaf esp	428	102	2.1	1.3	16.2	15	0.2	4.3	0.12	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], decaf esp	549	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], decaf esp	659	157	3	1.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], decaf espresso (as consumed	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], decaf espresso (as consumed	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], decaf espresso (as consumed	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	370	88	0.5	0.2	16.4	15.1	0.2	4.3	0.13	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	392	93	2.3	0.4	13.8	12.4	0.9	4	0.10	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	505	120	2.8	0.5	18.2	16.3	1.2	4.9	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	473	113	3.6	0.2	18.3	13.3	1.3	1.2	0.14	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	352	83	1.8	0.8	14.6	13.3	0.6	2	0.10	36.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	456	108	2.3	1	19.2	17.4	0.7	2.5	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	554	131	2.6	1.2	23.6	21.3	0.9	2.9	0.14	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	ice, blonde roast (as consumed) [whole bean roasted coffe	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	ice, decaf espresso (as consumed) [whole bean roasted coff	462	88	8	5	7.5	1.4	0.2	1.3	0.03	36.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	ice, blonde roast (as consumed) [whole bean roasted coffe	102	8	5	5	6.1	5.3	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	ice, decaf espresso (as consumed) [whole bean roasted coff	429	103	8	5	6.5	5.3	0.2	1.3	0.03	36.6

Alternative Coffee Bean - Frappuccino

Decaf Coffee Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1286	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [We	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [We	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [We	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	798	192	10.1	6.7	23.4	22.7	0.2	1.1	0.25	1.7
Decaf Coffee Frappuccino - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	902	215	11.5	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1140	272	14.7	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory n	1256	300	14.6	9	39.6	35.9	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	873	197	10.3	7.1	23.9	23.3	0.3	1.8	0.36	1.7
Decaf Coffee Frappuccino -												

Decaf Java Chip Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1696	405	18.3	13.3	52.8	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1168	279	14.4	10.3	32.3	30.2	1.6	4.1	0.38	8.6
Decaf Java Chip Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1545	369	18.9	13.5	43.4	40.4	2.2	5.2	0.51	12
Decaf Java Chip Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1746	417	19.7	14.2	52.7	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1090	260	12.4	8.9	32.4	30.2	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1453	347	16.7	11.8	42.6	40.6	2.2	5.3	0.53	12
Decaf Java Chip Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1659	396	17.3	12.6	52.9	49	2.8	5.5	0.62	15.4
Decaf Java Chip Frappuccino - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1059	253	12.8	8.9	30.9	28.8	1.7	2.2	0.36	8.6
Decaf Java Chip Frappuccino - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1412	338	17	11.8	41.7	38.7	2.3	2.9	0.49	12
Decaf Java Chip Frappuccino - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1620	388	17.9	12.6	51.1	47.3	2.9	3.3	0.59	15.4
Decaf Java Chip Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1103	264	13.3	9	30.9	28.8	2	4	0.37	8.6
Decaf Java Chip Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1468	351	17.5	12	41.8	38.7	2.7	5	0.50	12
Decaf Java Chip Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1673	400	18.4	13.7	51.2	47.3	3.2	5.6	0.60	15.4
Decaf Java Chip Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1149	274	14	9	32.5	29.3	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1523	364	18.4	12.1	44.9	39.3	3	3.1	0.53	12
Decaf Java Chip Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1725	412	19.3	12.7	54.1	47.8	3.5	3.5	0.63	15.4
Decaf Java Chip Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1080	258	13	9.3	31.4	29.3	1.8	2.8	0.37	8.6
Decaf Java Chip Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1440	344	17.2	12.3	42.3	39.4	2.4	3.7	0.50	12
Decaf Java Chip Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1647	393	18.1	13	51.7	47.8	3	4	0.60	15.4

Summer FY26 Promo Beverages Alternative Coffees

Blonde Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto blond	506	120	3	1.9	16.7	14.6	1.8	5.6	0.13	125.6
Blonde Ristretto Mocha - whole milk	Short	whole milk [whole MILK], ristretto blonde single shot (as	582	138	5.2	3.3	16.5	14.4	1.8	5.5	0.13	125.6
Blonde Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto blonde single sho	450	107	1.5	0.9	16.8	14.7	1.8	5.6	0.13	125.6
Blonde Ristretto Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	391	94	2.4	0.8	14.1	12	2	2.3	0.09	125.6
Blonde Ristretto Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	471	112	3.2	1	14.2	12	2.5	5.3	0.11	125.6
Blonde Ristretto Mocha - soya drink	Short	soya drink [Water, OAT (10%), sunflower oil, chicory roo	550	130	4.5	1	18.7	12.9	2.9	2.6	0.15	125.6
Blonde Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	432	102	2.8	1.5	15	12.9	2.1	3.4	0.11	125.6
Decaf Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	518	123	3.2	2	16.9	14.7	2.1	5.6	0.13	17.6
Decaf Ristretto Mocha - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	593	141	5.3	3.3	16.8	14.6	2.1	5.5	0.12	17.6
Decaf Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	461	110	1.6	0.9	17	14.8	2.1	5.6	0.13	17.6
Decaf Ristretto Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	403	97	2.6	0.8	14.4	12.1	2.4	2.2	0.09	17.6
Decaf Ristretto Mocha - soya drink	Short	soya drink [Water, OAT (10%), sunflower oil, chicory roo	483	115	3.4	1.1	14.5	12.1	2.8	5.3	0.10	17.6
Decaf Ristretto Mocha - soya drink	Short	soya drink [Water, OAT (10%), sunflower oil, chicory roo	562	134	4.7	1	19.5	18.9	0.2	6.8	0.31	17.6
Decaf Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	443	105	2.9	1.5	15.3	13	2.5	3.4	0.10	17.6
Blonde Brown Sugar Long Black	Short	water, ristretto blonde single shot (as consumed) [Whole	145	34	0	0	7.9	6.4	0	0.4	0.00	113.4
Decaf Brown Sugar Long Black	Short	water, decaf espresso (as consumed) [whole bean roasted	156	37	0.2	0.1	8.2	6.5	0.3	0.4	0.00	5.4
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], caramelised b	584	138	3.5	2.5	19.6	19.1	0.2	6.9	0.31	44.5
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], caramelised b	671	207	5.5	3.8	28.9	27.8	0.3	10.4	0.46	89.1
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], caramelised b	1084	257	6.7	4.7	38.3	35.2	0.3	12.7	0.58	89.1
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roas	1396	331	8.8	6.1	46.2	44.6	0.5	16.6	0.74	133.6
Signature Caramelised Banana Velvet Latte - whole milk	Short	whole milk [whole MILK], caramelised banana cold foam [574	159	6	4	19.5	18.9	0.2	6.8	0.31	44.5
Signature Caramelised Banana Velvet Latte - whole milk	Tall	whole milk [whole MILK], caramelised banana cold foam [1011	240	9.1	6.2	28.7	27.6	0.3	10.2	0.46	89.1
Signature Caramelised Banana Velvet Latte - whole milk	Grande	whole milk [whole MILK], caramelised banana cold foam [1254	298	11.6	7.7	36.1	34.9	0.3	12.4	0.57	89.1
Signature Caramelised Banana Velvet Latte - whole milk	Venti	whole milk [whole MILK], espresso roas (as consumed) [1625	386	15.3	10.2	45.8	44.2	0.5	16.3	0.73	133.6
Signature Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed milk [skimmed MILK], caramelised banana cold f	519	123	1.7	1.2	19.8	19.2	0.2	6.9	0.32	44.5
Signature Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], caramelised banana cold f	767	182	2.5	1.7	29.1	28	0.3	10.4	0.47	89.1
Signature Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], caramelised banana cold f	1068	227	3.2	2.2	36.8	35.4	0.3	12.7	0.58	89.1
Signature Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roas (as consum	1226	290	4.1	2.8	46.5	44.9	0.5	16.6	0.75	133.6
Signature Caramelised Banana Velvet Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	451	109	2.9	1.2	16.7	16.1	0.4	3	0.27	14.5
Signature Caramelised Banana Velvet Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	626	159	4.4	1.7	24.2	23.1	0.7	4.2	0.39	89.1
Signature Caramelised Banana Velvet Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	852	199	5.4	2.1	30.7	29.5	0.8	5.1	0.49	89.1
Signature Caramelised Banana Velvet Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1048	253	7.1	2.7	38.5	36.9	1.1	6.3	0.62	133.6
Signature Caramelised Banana Velvet Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	543	129	3.7	1.4	16.8	16.1	0.9	6.6	0.29	44.5
Signature Caramelised Banana Velvet Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	807	192	5.8	2.1	24.4	23.1	1.5	9.9	0.42	89.1
Signature Caramelised Banana Velvet Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1006	240	7.1	2.6	30.9	29.5	1.8	12	0.53	89.1
Signature Caramelised Banana Velvet Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1291	308	9.4	3.3	38.8	36.8	2.5	15.6	0.67	133.6
Signature Caramelised Banana Velvet Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	634	150	5.2	1.4	22	17.1	1.4	3.4	0.34	44.5
Signature Caramelised Banana Velvet Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	953	218	8.2	2.1	32.6	24.7	2.3	4.9	0.48	89.1
Signature Caramelised Banana Velvet Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1183	280	10.1	2.6	40.9	31.4	2.8	5.8	0.62	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	530	130	3.6	3.3	52.3	39.4	3.8	7.3	0.80	133.6
Signature Caramelised Banana Velvet Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	798	118	3.2	1.9	17.7	17.2	0.5	4.3	0.29	44.5
Signature Caramelised Banana Velvet Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	434	173	5	2.9	25.8	24.7	0.9	6.2	0.42	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	697	217	6.2	3.6	32.6	31.5	1.1	7.5	0.53	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1171	277	8.1	4.7	41.2	39.6	1.5	9.7	0.67	133.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], caramelised b	585	139	3.5	2.5	19.8	19.1	0.1	6.9	0.31	1.8
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], caramelised b	673	209	5.5	3.8	29.1	27.8	0.3	10.4	0.46	3.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], caramelised b	1086	258	6.7	4.7	38.6	35.2	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	1399	332	8.8	6.1	46.6	44.6	0.4	16.4	0.74	5.4
Decaf Caramelised Banana Velvet Latte - whole milk	Short	whole milk [whole MILK], caramelised banana cold foam [627	159	6	4	19.6	18.9	0.1	6.7	0.31	1.8
Decaf Caramelised Banana Velvet Latte - whole milk	Tall	whole milk [whole MILK], caramelised banana cold foam [1013	241	9.4	6.2	28.9	27.6	0.3	10.1	0.46	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Grande	whole milk [whole MILK], caramelised banana cold foam [1256	298	11.6	7.7	36.4	35	0.3	12.3	0.57	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	1628	387	15.3	10.2	46.2	44.2	0.4	16	0.73	5.4
Decaf Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed milk [skimmed MILK], caramelised banana cold f	519	123	1.7	1.2	19.9	19.2	0.1	6.9	0.32	1.8
Decaf Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], caramelised banana cold f	767	182	2.5	1.7	29.2	28	0.3	10.4	0.47	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], caramelised banana cold f	1068	227	3.2	2.2	36.9	35.5	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consum	1228	291	4.1	2.8	46.5	44.9	0.4	16.4	0.75	5.4
Decaf Caramelised Banana Velvet Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	452	109	2.9	1.2	16.9	16.2	0.4	3	0.27	1.8
Decaf Caramelised Banana Velvet Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	661	159	4.4	1.7	24.5	23.1	0.7	4	0.39	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	828	199	5.4	2.1	30.9	29.5	0.8	4.9	0.49	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1051	254	7.1	2.7	38.9	36.9	1.1	6.1	0.62	5.4
Decaf Caramelised Banana Velvet Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	544	130	3.7	1.4	17	16.1	0.9	6.5	0.29	1.8
Decaf Caramelised Banana Velvet Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	809	193	5.8	2.1	24.6	23.1	1.5	9.2	0.42	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1047	240	7.1	2.6	31.1	29.5	1.8	11.8	0.53	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Venti											

Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	Ice, whole milk [whole MILK], espresso roast (as consumed)	804	191	6,9	4,7	25,5	24	0,4	6,6	0,35	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	Ice, whole milk [whole MILK], espresso roast (as consumed)	982	233	8,3	5,6	31,5	29,5	0,6	7,9	0,43	178,2
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed ml	Tall	Ice, skimmed milk [skimmed MILK], espresso roast (as cons	500	119	1,9	1,3	19,8	18,8	0,3	5,4	0,28	89,1
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed ml	Grande	Ice, skimmed milk [skimmed MILK], espresso roast (as cons	645	153	2,4	1,8	25,8	24,3	0,4	6,7	0,36	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed ml	Venti	Ice, skimmed milk [skimmed MILK], espresso roast (as cons	795	189	3	2,2	31,8	29,9	0,6	8,1	0,44	178,2
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	440	106	2,9	1,3	17,1	16,1	0,5	2	0,24	89,1
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	574	138	3,6	1,7	22,6	21,1	0,7	2,6	0,31	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	712	171	4,4	2,1	28,1	26,1	0,9	3,3	0,38	178,2
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	522	124	3,6	1,5	17,2	16,1	1	5,1	0,26	89,1
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	671	160	4,5	2	22,7	21,1	1,2	6,3	0,33	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	825	197	5,5	2,4	28,2	26,1	1,5	7,6	0,40	178,2
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	602	143	5	1,5	21,8	17	1,4	2,3	0,30	89,1
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	766	182	6,1	2	28,1	22,1	1,8	3	0,38	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	937	222	7,4	2,4	34,6	27,3	2,1	3,7	0,46	178,2
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	482	114	3,2	2	18	17	0,6	3,1	0,26	89,1
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	623	148	4	2,5	23,6	22,1	0,8	3,9	0,33	133,6
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	769	182	4,9	3,1	29,3	27,4	1,1	4,8	0,40	178,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed m	Tall	Ice, semi skimmed milk [Semi skimmed MILK], decaf espres	559	133	3,5	2,4	20	18,7	0,3	5,3	0,28	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed m	Grande	Ice, semi skimmed milk [Semi skimmed MILK], decaf espres	716	170	4,3	3,1	26	24,2	0,4	6,5	0,36	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed m	Venti	Ice, semi skimmed milk [Semi skimmed MILK], decaf espres	879	209	5,3	3,7	32,2	29,7	0,5	7,8	0,44	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	Ice, whole milk [whole MILK], decaf espresso (as consumed	636	151	5,6	3,8	19,9	18,6	0,3	5,2	0,28	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	Ice, whole milk [whole MILK], decaf espresso (as consumed	807	192	6,9	4,7	25,9	24	0,4	6,4	0,35	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	Ice, whole milk [whole MILK], decaf espresso (as consumed	986	234	8,3	5,6	32,1	29,6	0,5	7,7	0,43	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	Ice, skimmed milk [skimmed MILK], decaf espresso (as cons	502	119	1,9	1,3	20,1	18,8	0,3	5,3	0,28	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	Ice, skimmed milk [skimmed MILK], decaf espresso (as cons	648	154	2,4	1,8	26,2	24,3	0,4	6,5	0,36	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	Ice, skimmed milk [skimmed MILK], decaf espresso (as cons	799	189	3	2,2	32,4	29,9	0,5	7,8	0,44	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	442	106	2,9	1,3	17,4	16,1	0,5	1,8	0,24	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	577	139	3,6	1,7	23	21,1	0,6	2,4	0,31	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	715	172	4,4	2,1	28,6	26,2	0,8	3	0,38	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	524	125	3,6	1,5	17,5	16,1	0,9	4,6	0,26	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	674	161	4,5	2	23,1	21,1	1,2	6,1	0,33	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	829	197	5,5	2,4	28,8	26,1	1,4	7,4	0,40	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	609	143	5	1,5	22,1	17	1,4	2,2	0,30	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	769	182	6,1	2	28,5	22,1	1,7	2,8	0,38	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	941	223	7,4	2,4	35,1	27,3	2	3,5	0,46	7,2
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	483	114	3,2	2	18,3	17	0,6	3	0,26	3,6
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	626	148	4	2,5	24	22,2	0,8	3,7	0,33	5,4
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	773	183	4,9	3,1	29,9	27,4	1	4,6	0,40	7,2
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1341	321	17,8	11,1	35,6	34	0,8	4,1	0,33	5,6
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1607	384	19,7	12,3	46	43,8	1,2	5	0,45	8,9
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1766	422	20,4	12,8	53,3	50,7	1,5	5,2	0,53	11,7
Decaf Caramel Mocha Frappuccino - whole milk	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1377	329	18,8	11,8	35,6	34	0,8	4	0,33	5,6
Decaf Caramel Mocha Frappuccino - whole milk	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1653	395	21	13,1	45,9	43,7	1,2	5	0,45	8,9
Decaf Caramel Mocha Frappuccino - whole milk	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1810	432	21,6	13,5	53,2	50,7	1,5	5,2	0,53	11,7
Decaf Caramel Mocha Frappuccino - skimmed milk	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1315	315	17,1	10,6	35,7	34,1	0,8	4,1	0,34	5,6
Decaf Caramel Mocha Frappuccino - skimmed milk	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1573	376	18,7	11,6	46	43,9	1,2	5	0,45	8,9
Decaf Caramel Mocha Frappuccino - skimmed milk	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1734	414	19,5	12,1	53,4	50,8	1,5	5,2	0,53	11,7
Decaf Caramel Mocha Frappuccino - almond drink	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1287	309	17,5	10,6	34,4	32,8	0,9	2,5	0,32	5,6
Decaf Caramel Mocha Frappuccino - almond drink	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1537	368	19,3	11,6	44,4	42,3	1,3	3	0,43	8,9
Decaf Caramel Mocha Frappuccino - almond drink	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1700	407	20,1	12,1	51,8	49,3	1,6	3,3	0,51	11,7
Decaf Caramel Mocha Frappuccino - soya drink	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1325	317	17,9	10,7	34,5	32,8	1,1	3,9	0,32	5,6
Decaf Caramel Mocha Frappuccino - soya drink	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1586	379	19,8	11,7	44,5	42,3	1,6	4,8	0,44	8,9
Decaf Caramel Mocha Frappuccino - soya drink	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1746	417	20,5	12,2	51,9	49,3	1,9	5,1	0,52	11,7
Decaf Caramel Mocha Frappuccino - oat drink	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1362	326	18,5	10,7	36,6	34,2	1,3	2,6	0,34	5,6
Decaf Caramel Mocha Frappuccino - oat drink	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1634	390	20,6	11,7	47,2	42,8	1,8	3,2	0,46	8,9
Decaf Caramel Mocha Frappuccino - oat drink	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1792	428	21,3	12,2	54,5	49,7	2,1	3,5	0,54	11,7
Decaf Caramel Mocha Frappuccino - coconut drink	Tall	Ice, caramel cream cold foam [whipping cream (MILK), wh	1306	312	17,7	10,9	34,8	33,2	0,9	3	0,32	5,6
Decaf Caramel Mocha Frappuccino - coconut drink	Grande	Ice, caramel cream cold foam [whipping cream (MILK), wh	1562	373	19,5	12	45	42,8	1,4	3,6	0,44	8,9
Decaf Caramel Mocha Frappuccino - coconut drink	Venti	Ice, caramel cream cold foam [whipping cream (MILK), wh	1724	412	20,3	12,5	52,4	49,8	1,7	3,9	0,52	11,7
Decaf Brown Sugar Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk [Semi skimmed MILK], brown suga	909	217	11,1	6,9	26,2	25,3	0,1	3,1	0,30	1,3
Decaf Brown Sugar Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk [Semi skimmed MILK], brown suga	1211	289	14	8,8	36,6	35,1	0,2	4	0,43	2,5
Decaf Brown Sugar Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1251	298	12,6	7,9	41,9	40,2	0,3	3,9	0,51	3,7
Decaf Brown Sugar Frappuccino - whole milk	Tall	Ice, whole milk [whole MILK], brown sugar cream cold foam	946	226	12,1	7,6	26,1	25,2	0,1	3	0,30	1,3
Decaf Brown Sugar Frappuccino - whole milk	Grande	Ice, whole milk [whole MILK], brown sugar cream cold foam	1259	301	15,4	9,6	36,5	35,1	0,2	3,9	0,42	2,5
Decaf Brown Sugar Frappuccino - whole milk	Venti	Ice, whole milk [whole MILK], coffee frappuccino syrup [W	1298	309	13,9	8,7	41,9	40,2	0,3	3,8	0,51	3,7
Decaf Brown Sugar Frappuccino - skimmed milk	Tall	Ice, skimmed milk [skimmed MILK], brown sugar cream col	881	210	10,3	6,4	26,3	25,3	0,1	3,1	0,30	1,3
Decaf Brown Sugar Frappuccino - skimmed milk	Grande	Ice, skimmed milk [skimmed MILK], brown sugar cream col	1175	280	13	8,1	36,6	35,2	0,2	4	0,43	2,5
Decaf Brown Sugar Frappuccino - skimmed milk	Venti	Ice, skimmed milk [skimmed MILK], coffee frappuccino sys	1216	290	11,6	7,2	42	40,3	0,3	3,9	0,52	3,7
Decaf Brown Sugar Frappuccino - almond drink	Tall	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	852	204	10,8	6,2	25	24	0,2	1,4	0,28	1,3
Decaf Brown Sugar Frappuccino - almond drink	Grande	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1138	273	13,6	8	34,9	33,5	0,3	1,8	0,40	2,5
Decaf Brown Sugar Frappuccino - almond drink	Venti	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1179	282	12,2	7,2	40,4	38,7	0,4	1,8	0,49	3,7
Decaf Brown Sugar Frappuccino - soya drink	Tall	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	892	213	11,1	6,5	25	24	0,4	2,9	0,29	1,3
Decaf Brown Sugar Frappuccino - soya drink	Grande	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1189	284	14,1	8,2	35	33,5	0,6	3,8	0,41	2,5
Decaf Brown Sugar Frappuccino - soya drink	Venti	Ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1299	293	12,7	7,3	40,4	38,6	0,7	3,7	0,50	3,7
Decaf Brown Sugar Frappuccino - oat drink	Tall	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	930	222	11,8	6,5	27,2	24,5	0,6	1,5	0,31	1,3
Decaf Brown Sugar Frappuccino - oat drink	Grande	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	1239	296	14,9	8,2	37,8	34,1	0,9	2	0,44	2,5
Decaf Brown Sugar Frappuccino - oat drink	Venti	Ice, oat drink [Water, OAT (10%), sunflower oil, chictory n	1272	304	13,5	7,3	43,2	39,2	0,9	2	0,53	3,7
Decaf Brown Sugar Frappuccino - coconut drink	Tall	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	872	208	10,9	6,7	25,4	24,5	0,3	1,9	0,29	1,3
Decaf Brown Sugar Frappuccino - coconut drink	Grande	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	1164	278	13,8	8,5	35,5	34,1	0,4	2,5	0,41	2,5
Decaf Brown Sugar Frappuccino - coconut drink	Venti	Ice, coconut drink [Water, coconut milk (5.7%) (water, co	1204	287	12,4	7,6	40,9	39,2	0,5	2,4	0,50	3,7